

Soft & Slow

拍数: 32 墙数: 4 级数: Improver
编舞者: Ray Garvin (USA) & Gail Garvin (USA)
音乐: Your Man - Josh Turner



RIGHT KICK-BALL-CROSS, SIDE ROCK, RECOVER, CROSS SHUFFLE, ½ TURN RIGHT

1&2 Kick right foot forward, step right foot in place, cross left over right
3-4 Rock right foot to right side, recover onto left
5&6 Cross step right over left, step left to left, cross step right over left
7-8 Step left foot to left side, make ½ turn right, step forward right

You are now facing 6:00

LEFT SHUFFLE FORWARD, STEP PIVOT ½, TURN ¼ LEFT, STEP BEHIND, SIDE SHUFFLE

1&2 Step left forward, step right beside left, step left forward
3-4 Step forward on right, pivot ½ turn left, shift weight to left
5-6 Step forward on right making ¼ left, step left behind right
7&8 Side right, together left, side right

You are now facing 9:00

TOUCH STEP, TOUCH STEP, ROCK STEP, COASTER STEP

1-2 Touch left toe to left, step forward left
3-4 Touch right toe to right, step forward right
5-6 Rock forward left, rock back right
7&8 Step back left, step right next to left, step forward left

PIVOT ½ LEFT, RIGHT SHUFFLE, FULL TURN RIGHT, LEFT SHUFFLE

1-2 Step forward right, pivot ½ turn left, shift weight to left
3&4 Shuffle forward right, left, right
5-6 Walk forward left, right option: full turn right while stepping forward left, right
7&8 Shuffle forward left, right, left

REPEAT
