

# Soft And Slow

拍数: 32      墙数: 2      级数: Improver  
编舞者: Kim Swan (UK)  
音乐: Nothing On but the Radio - Gary Allan



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## STEP LEFT, STEP RIGHT BACK, CROSS SHUFFLE, STEP, SLIDE, STEP AND CROSS

1-2            Step left to left side, step back on right  
&3-4          Cross left over right, step right to right side, cross left over right  
5-6            Step right to right side, slide left to touch next to right  
&7-8          Step left to the left, step right next to left, step left across right

## TOE, KICK WITH ¼ TURN, COASTER, STEP, SLIDE, STEP AND CROSS

1-2            Touch right toe next to left instep with knee turned in, turn ¼ right on ball of left kicking right forward  
&3-4          Step back on right, step left next to right, step right forward  
5-6            Step left to left side, slide right to touch next to left  
&7-8          Step right to the right, step left next to right, step right across left

## CROSS, ROCK, RECOVER, TURNING CROSSES, BACK SHUFFLE

1&2            Cross left over right, rock to the right, recover on left  
3&4            Cross right over left, step back on left making ¼ turn right, step right to right  
5-6            Cross left over right, step back on right making ¼ turn left  
&7-8          Left shuffle back stepping left, right, left

## ROCK, RECOVER, FULL TURN, TURNING JAZZ BOX INTO CROSS STEP

1-2            Rock back on right, recover on left  
3-4            Step back on right making ½ turn left, step forward on left making ½ turn left  
5-6            Cross right over left, step back on left  
&7-8          Step onto right making ¼ turn right, step left next to right, cross right over left

**REPEAT**

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