

**拍数:** 32 **墙数:** 4 **级数:** Intermediate

编舞者: Steve Mason (UK)

音乐: The Love Of A Woman - Diamond Jack



### BACK, FORWARD, TOGETHER, FORWARD, BACK, BACK, FORWARD, TOGETHER, FORWARD, BACK

1-2& Rock step back on right foot, recover weight forward to left foot, close right foot behind left

foot

3-4 Rock step left foot forward, recover weight back on to right foot in place

5-6& Rock step back on left foot, recover weight forward on to right foot, close left foot behind right

foot

7-8 Rock step right foot forward, recover weight back on to left foot in place

The above 8 counts should be done using swaying hip motion on a slight diagonal.

# FULL TURN DIRECTLY BACK, BACK, BACK, TOUCH, SKATE, LOCK STEP SHUFFLE, SKATE

9-10	Make $\frac{1}{2}$ turn back to the right stepping on to right foot, make $\frac{1}{2}$ turn back to the right stepping on to left foot
&11-12	Small step back on right foot, small step back on left foot, cross touch right toe over left foot
13-14&	Skate step right foot diagonally forward, step left foot diagonally left forward, lock step right foot behind left foot
15-16	Skate step left foot diagonally left forward, skate step right foot slightly diagonally right

# 1 & 1/4 TURN LEFT, RONDE SWEEP, CROSS, BACK, SIDE, CROSS, SIDE

17-18	Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
19-20	Make $\frac{1}{2}$ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot
21-22&	Cross step right foot over left foot, step back on left foot, step right foot to right side
23-24	Cross step left foot over right foot, step right foot to right side

# BACK, CROSS, SIDE, CROSS, (CROSSING SHUFFLE), SIDE, ¼ RIGHT MONTEREY, ¾ LEFT MONTEREY

25-26&	Cross step left foot behind right foot, cross step right foot over left foot, step left foot to left side
27-28	Cross step right foot over left foot, step left foot to left side
29-30	Touch right toes to right side, turn ½ turn right on ball of left foot and step right foot beside left foot
31-32	Touch left toes to left side, turn ¾ turn left on ball of right foot stepping left foot beside right foot

#### **REPEAT**

# **RESTART**

On 6th repetition you will be facing 3:00 wall, dance steps 1-28 then start again. Just omit the  $\frac{1}{4}$  &  $\frac{3}{4}$  Monterey turns, you will be facing the front 12:00 wall.

# **FINISH**

Finish the dance facing 12:00 wall, dance steps 1-16 and add an extra left skate step to finish with the music

## **EASY OPTIONAL STEPS**

9-10	Step back on right foot, step back on left foot
17-18	Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
19-20	Make ½ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot

29-30 Touch right toes to right side, step right foot beside left foot
31-32 Touch left toes to left side, turn ½ turn left on ball of right foot stepping left foot beside right foot

Special thanks to Catherine Wake for the inspiration of the choreography of "So True".