

# So Smooth

拍数: 60      墙数: 4      级数: Improver  
编舞者: Rachel Shepherd (UK)  
音乐: Smooth (feat. Rob Thomas) - Santana



## RIGHT TOUCHES, RIGHT CHASSE, TOUCH, SIDE

- 1            Touch right toe diagonally forward in front of left
- 2            Touch right toe back diagonally back behind left
- 3-4         Repeat
- 5&6         Step right to right side, close left beside right, step right to right side
- 7-8         Touch left at side of right, touch left to left side

## LEFT TOUCHES LEFT CHASSE TOUCH, SIDE, 2 TOE TAPS

- 9            Touch left toe diagonally forward in front of right
- 10          Touch left toe back diagonally back behind right
- 11-12       Repeat
- 13&14       Step left to left side, close right beside left, step left to left side
- &            Touch right at side of left, touch right to right side
- 15-16       Tap right toe twice at side of left

## ¼ TURN SHUFFLE, ROCKS, LEFT SHUFFLE BOOK, RIGHT SHUFFLE BACK

- 17&18       ¼ turn shuffle to right side
- 19          Rock left forward
- 20          Rock right back
- 21&22       Step back left, close right beside left, step back left
- 23&24       Step back right, close left beside right, step back right

## ROCKS, LEFT SHUFFLE FORWARD 1 & ½ TURN

- 25          Rock back on left
- 26          Rock forward on right
- 27&28       Step left forward, close right beside left, step forward left
- 29-32       Step back on right 1 turn, step forward on left ½ turn, step back on right making ½ turn to right, step left next to right

## RIGHT SHUFFLE FORWARD, HOLD FOR 2 COUNTS

- 33&34       Step forward right, close left beside right, step forward right
- 35-36       Hold left beside right for 2 counts

## LEFT TOUCHES, LEFT COASTER STEP, RIGHT TOUCHES ¼ TURN, RIGHT COASTER

- 37-38       Touch left toe forward, touch left toe to left side
- 39&40       Step back on left, step right beside left, step forward on left
- 41-42       Touch right toe forward, touch right toe to right side making ¼ turn
- 43&44       Step back on right, step left beside right, step forward on right
- 45-52       Repeat

## LEFT HIP BUMPS, RIGHT HIP BUMPS, ROCKS, LEFT COASTER STEP

- 53-54       Bump left hip forward and back 2 counts
- 55-56       Bump right hip forward and back 2 counts
- 57          Rock left forward
- 58          Rock right back
- 59&60       Step back on left, step right beside left, step forward on left

REPEAT

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