

So Mean

拍数: 32 墙数: 4 级数: Improver
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音乐: You're So Mean - Barbara Gehlmann



STEP ½ TURN, SHUFFLE, STEP ¼ TURN, CROSS OVER SHUFFLE

1-2 Step right forward, turn ½ turn left taking weight on left
3&4 Shuffle forward right, left, right
5-6 Step left forward, turn ¼ turn right taking weight on right
7&8 Cross left over right, step right to right, cross left over right

ROCK, RECOVER, CROSS OVER SHUFFLE, TURN ¼, TURN ½, SHUFFLE FORWARD

1-2 Rock right to right side, recover on left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step back left ¼ turn, step forward right ½ turn
7&8 Shuffle forward left, right, left

¼ TURN LEFT WITH HIP BUMPS, ½ TURN LEFT WITH HIP BUMPS, SAILOR, SAILOR

1&2 Turn ¼ turn stepping on ball of right foot as you bump hips right twice, ending with weight on right foot
3&4 Turn ½ turn left, stepping on ball of left foot as you bump hips left twice, ending with weight on left foot
5&6 Step right behind left, step left in place, step right in place
7&8 Step left behind right, step right in place, step left in place

STEP, POINT, STEP POINT, STEP POINT, STEP POINT

1-2 Slightly bending knees, step right forward, straightening up as you point left toe to left side
3-4 Slightly bending knees, straightening up as you step left forward, point right toe to right
5-6 Slightly bending knees, step right back, straightening up as you point left toe to left side
7-8 Slightly bending knees, step left back, straightening up as you point right toe to right side

REPEAT

The following optional steps may be done to hit the breaks in the music, So Mean, at the end of walls 3, 5 and 9. You will be facing 3:00 on wall 3, 9:00 on wall 5 and 9:00 on wall 9

1-4 Step right to right side and hold
5-8 Do a body roll starting with the head rolling the body to the right ending with the weight on the left foot