

So Long

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lucy Love (SWE)
音乐: So Long - Jake And The Spitfires



ROCK, CHASSÉ, ROCK, KICK BALL CHANGE

1-2 Right rock forward
3&4 Right chassé
5-6 Left rock back
7&8 Left kick ball change

CHASSÉ, ROCK, KICK BALL CHANGE, STEP ¼ TURN

1&2 Left chasse´
3-4 Right rock back
5&6 Right kick ball change
7-8 Step right forward, turn ¼ left

SHUFFLE ¼ TURN, CHASSÉ ¼ TURN, KICK BALL CHANGE, STEP, SLIDE

1&2 Right shuffle forward turning ¼ right
3&4 Left chasse´ turning ¼ right
5&6 Right kick ball change
7-8 Step right forward, left slide together

SHUFFLE ¼ TURN, STEP, SLIDE, SAILOR STEP ¼ TURN, STEP TURN

1&2 Right shuffle forward turning ¼ right
3-4 Left step aside, right slide together
5&6 Left sailor step turning ¼ left
7-8 Step right forward, turn ½ left

REPEAT
