

So Lonely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hanne Lund (DK) & Bjarne Lund (DK)
音乐: Lonely - Akon



TOUCH & STEP, TOUCH & STEP, MAMBO FORWARD, MAMBO BACK

1&2 Touch right to right diagonal, push right up & step beside left
3&4 Touch left to left diagonal, push left up & step beside right
5&6 Step forward on right, step left in place, step right beside left
7&8 Step back on left, step right in place, step left beside right

STEP, SLIDE, SHUFFLE, PADDLE TURN TWICE

9-10 Step forward on right, slide left beside right
11&12 Step forward on right, step left beside right, step forward on right
13-14 Step forward on ball of left, paddle $\frac{1}{4}$ turn right
15-16 Step forward on ball of left, paddle $\frac{1}{4}$ turn right

SHUFFLE, MAMBO CROSS, ROCK, TOUCH, UNWIND

17&18 Step forward on left, step right beside left, step forward on right
19&20 Rock right to right side, recover on to left, cross step right over left
21-22 Rock left to left side, recover on to right
23-24 Touch left behind right, unwind $\frac{3}{4}$ turn left

DIAGONAL LOCK STEPS, SIDE, TOGETHER, MONTEREY TURN, TOGETHER

25&26 Step right to right diagonal, lock step left behind right, step right to right diagonal
27&28 Step left to left diagonal, lock step right behind left, step left to left diagonal
29-30 Step right to right side, step left beside right
31&32& Point right toe to right side, turn $\frac{1}{2}$ right stepping right beside left, point left toe to left side, step left beside right

REPEAT

To "show off", start dance with your back to the audience, then you will finish facing the audience, doing the Monterey turn
