

So Good

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dee Musk (UK)
音乐: So Good - Rachel Stevens



HEEL TOUCH FORWARD, TOE TOUCH BACK, ½ TURN LEFT, ¼ TURN LEFT, BEHIND SIDE CROSS, SIDE POINT ½ TURN RIGHT

- 1-2 Touch left heel forward, touch left toe back
- 3-4 Make a ½ turn left stepping weight forward on to left, make a ¼ turn left stepping right to right side
- 5&6 Cross left behind right, step right to right side, cross left over right
- 7-8 Point right toe out to right side, make a ½ turn right stepping right beside left

CROSS, POINT, BALL STEP, ½ TURN LEFT, LEFT BACK ROCK RECOVER, STEP FORWARD, RIGHT SCUFF HITCH SIDE

- 1-2 Cross left over right, point right toe to right side
- &3-4 Step right slightly behind left, step forward on left, make a ½ turn left stepping right beside left
- 5-6& Rock back on left, recover weight to right, step forward on left
- 7&8 Scuff right forward, hitch right knee, step right to right side

LEFT KNEE HITCH, HIP BUMPS LEFT, RIGHT, LEFT, CROSS BACK, BACK, CROSS UNWIND ½ TURN RIGHT

- 1-2 Hitch left knee in beside right, bump left hip to left side
- 3-4 Bump right hip to right side, bump left hip to left side
- 5&6 Cross right over left, step slightly back on left, step slightly back on right. (feet should be slightly apart - weight on right)
- 7-8 Cross left over right, unwind a ½ turn right weight ending on left

RIGHT BACK ROCK, ½ TURN LEFT, LEFT BACK ROCK, ½ TURN RIGHT, ½ TRIPLE TURN RIGHT

- 1-2 Rock back on right, recover weight to left
- 3 Making a ½ turn left, step back on to right
- 4-5 Rock back on left, recover weight to right
- 6 Making a ½ turn right, step back on to left
- 7&8 Make a triple turn right stepping forward right, left, right

REPEAT
