

# So Conspicuous!

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Sarah-Michelle Rowlands (UK) & Stacie White (UK)  
音乐: Yeah! (feat. Lil Jon & Ludacris) - Usher



## ½ MONTEREY, BALL CHANGE STEP FORWARD, ROCK STEP, HEEL TWISTS

- 1-2      Point right to right side, bring in as you turn ½ over right shoulder  
&3-4      Ball change, putting weight onto left (&) big step forward with right, touch left next to right  
5&6      Rock forward with left, recover, step back left  
&7-8      Twist both heels out, then in, touch right foot next to left

## SIDE BEHIND AND CROSS, HEEL BOUNCE, KNEE ROLL STEP, POINT HITCH TURN ¼

- 1&2&3      Step right to right side, step left crossed behind, hold count 2, step right to right side, cross left over right  
&4      Lift both heels up, lower heels down, popping knees  
5&6&7      Step right to right side, turn knee outwards, pressing into ball of foot, hold count 6, push off stepping right behind left, point left to left side  
&8      Hitch left knee up turning ¼ to right, replace right next to left

**This section is danced mainly to the underbeat so the counts may seem weird at first, but you can hear it when danced with the music**

## JUMP OUT BODY ROLL UP, CROSS ¾ TURN STEP, STEP BEND KICK TURNING ¼

- 1-4      Jump both feet apart bending knees, body roll up, right, left, close right to left  
&5-6      Step right to right side turning ¼ left, cross left behind, unwind ½ turn  
&7&8      Step left foot to left side, step right foot to right side, bend both knees leaning to right slightly, kick left foot forward as you turn ¼ left

## TOE STRUTS FORWARD, WALKS BACK WITH SHIMMY

- 1-4      Toe strut forward left, toe strut forward right  
5-8      Walk back left, right, left touch right next to left while shimmying shoulders

## REPEAT

## TAG

**After walls 3 and 6, but can also be danced before the dance begins (16 counts) into the song!**

## STEPPING OUT, OUT, IN, IN ¼ TURNS

- 1-4      Step forward and out right, step forward and out left, step right center, step left center  
5-8      Step forward right foot, pivot ¼ turn replacing weight onto left, repeat  
9-16      Repeat 1-8