

Snootchi Boochi

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate hip hop
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音乐: Gossip Folks - Missy Elliot



SCUFF POP HALF

- 1 Scuff your right foot forward
- 2 Touch your right toe forward
- 3 (Bending at your knees) slightly squat down
- 4 Pop up from the squat a half turn to the left, left knee is hitched
- 5&6 Cross left over right, step back onto right, step left in place
- 7 Slightly squat down bending at knees
- 8 Hitch right knee

KICK BALL HIPS KICK BALL QUARTER ROLL

- 9&10 Kick right foot forward, step down on right, cross left over right
- 11-12 Bump hips to the right twice weight on right after second bump
- 13&14 Kick left foot, step down on left, cross right over left
- 15-16 Step left next to right and roll your hips left to right to a quarter turn left

4 STEPS ¾ TURN

- 17-20 Step forward and angled right, left, step back right, left
- 21-22 Step a quarter turn to the left onto right, step half turn left onto left to finish the ¾ turn
- &23-24 Step right next to left, step left to left side, slide right to meet left

SHIMMY QUARTER ROLL

- 25&26& Shimmy shoulders right, left, right, left
- 27 Look right
- 28 Roll body a quarter turn to right weight is on right
- 29 Step back onto the left also bumping your hips back
- & Step right back to meet the left
- 30-32 Repeat steps 29 &

REPEAT
