

# Snail Mail

拍数: 32      墙数: 4      级数: Improver  
编舞者: Aina Fystro (NOR)  
音乐: Why Haven't I Heard From You - Reba McEntire



2nd place for Country Newcomer/Novice at the 2nd Norwegian Championships

## STEP SLIDE, TOUCH, TOUCH, COASTER, HIP BUMPS

1-2      Step right to right side, slide left towards right  
3-4      Touch left toes forward, touch left toes left  
5&6      Step left foot back, step right foot next to left, step left foot forward  
7      Touch right toes slightly forward while bumping hips to the right  
&8&      Bump hips to the left, bump hips to the right, bump hips to the left

## WALK, WALK, LOCK, ¼ SWEEP LEFT, HEEL JACK

1-2      Walk right, walk left  
3&4      Step right back, lock left in front of right, step right back  
5-6      Make a ¼ turn left on right foot while sweeping left foot, step left foot next to right foot  
&7      Step right foot slightly back, touch left heel forward  
&8      Step left beside right, touch right beside left

## STEP SLIDE, ½ PADDLE TURN, CROSSING SHUFFLE

1-2      Step right to right, slide left towards right  
&3-4      Step left next to right, cross right in front of left, step left out to the side  
&5      Hitch right knee slightly while pivoting ¼ left, touch right toe to right side  
&6      Hitch right knee slightly while pivoting ¼ left, touch right toe to right side  
7&8      Cross right in front of left, step left to left, cross right in front of left

## STEP BACK LEFT, STEP RIGHT TO SIDE, SHUFFLE, SKATE, SKATE

1-2      Step left back, step right out to the side  
3&4      Shuffle forward left, right, left  
5-6      Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot  
7-8      Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot

REPEAT

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