

Smooth

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Elle-Jay (UK)
音乐: Smooth (feat. Rob Thomas) - Santana



ROCK & CROSS, TOUCHES, CROSSING SHUFFLE ¼ TURN RIGHT

1&2 Rock right to right side. Rock onto left in place. Cross right over left
3&4 Touch left to left side. Touch left across right. Touch left to left side
5&6 Cross left over right. Step right to right side. Cross left over right
7&8 Step right ¼ turn right. Step forward left & ½ pivot turn right. Step forward right

FORWARD LOCK STEPS, LEFT ROCK & CROSS, RIGHT ROCK & SCUFF, STOMP

9&10 Step forward left. Lock step right behind left. Step forward left
11&12 Step forward right. Lock step left behind right. Step forward right
13&14 Rock left to left side. Rock onto right in place. Cross left over right
&15 Rock right to right side. Rock onto left in place
&16 Scuff right next to left. Stomp forward right

TOUCH, KICK, COASTER, STEP ½ PIVOT LEFT, STEP ½ PIVOT LEFT, TOUCH

17-18 Touch left next to right. Kick left forward
19&20 Step back left. Step right next to left. Step forward left
21-22 Step forward right. Pivot ½ turn left
23& Step forward right. Pivot ½ turn left
24 Touch right to right side

TOUCH, ¼ TURN FLICK, FORWARD LOCK STEP ¼ TURN RIGHT. BACK ROCK, TOUCH

&25 Step right next to left. Touch left to left side
26 On ball of right pivot ¼ turn right flicking left back
27&28 Step forward left. Lock step right behind left. Step forward left
29-30 Step right ¼ turn to right. Step forward left & on ball of foot ½ turn right
31&32 Rock back right. Rock forward left. Touch right next to left

REPEAT
