

# Smooth

拍数: 56      墙数: 4      级数: Advanced  
编舞者: Raine T. Webb  
音乐: Smooth (feat. Rob Thomas) - Santana



## STEP SIDE WITH RIGHT MOVING LEFT, SIDE SHUFFLE, STEP LEFT, ROCK STEP

### Dance entire dance with Cuban motion

1-4            Step side left with right foot, step side left, repeat  
5&6          Left side shuffle stepping right, left, right  
7             Step left beside right  
8             Right across in front of left  
1-2          Recover left, step right beside left

## STEP SIDE WITH LEFT MOVING RIGHT, SIDE SHUFFLE, STEP LEFT, ROCK STEP

3-6            Step side right with left foot, step side right, repeat  
7&8          Right side shuffle stepping left, right, left  
1             Step right beside left  
2-4          Left across in front of right, recover right, step left beside right

## PADDLE ½ TURN LEFT

5-8            Touch right toe to side making ¼ turn left while rotating hips full turn left, repeat

## SHUFFLE FORWARD TWICE, ROCK STEP, COASTER STEP

1&2          Shuffle forward, right, left, right  
3&4          Shuffle forward, left, right, left  
5-6          Rock forward onto right foot, recover left  
7&8          Step right back, step left back, step forward right

## CROSS STEPS, ROTATE HIPs

1-2            Step left across in front of right, look left and raise both hands to eye level, snap fingers on 2  
3-4            Step side right, look right and drop hands, snap fingers on 4  
5-6            Step left across in front of right, look left and raise both hands to eye level, snap fingers on 6  
&7            Step side right, step side left (shoulder's width apart)  
8             Rotate hips full turn right

## SHUFFLE FORWARD, ½ TURN RIGHT, COASTER STEP

1&2          Shuffle forward, right, left, right  
3-4          Step forward left, right, making ½ turn right  
5&6          Step left back, step right back, step forward left

## HIP BUMPS, KICK BALL CHANGE, RONDE JAMBE, ¼ TURN LEFT, BODY ROLL

7&8          Stepping forward right, bump hips right, left, right  
1&2          Stepping forward left, bump hips left, right, left  
3&4          Kick right foot, step ball of right foot beside left, step left in place  
5             Circle right toe on floor from back to front (weight remains on left foot)  
&             Make ¼ turn left while slightly hitching right knee across in front of left  
6             Touch right toe side right  
7-8          Body roll down (weight remains on left foot)

## REPEAT

