

Smokey

拍数: 40 墙数: 2 级数: Intermediate
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音乐: Highway Patrol - Junior Brown



MONTEREY SPIN

- 1 Right foot touch to the right side
- 2 Right foot step beside left foot after making ½ turn to the right
- 3 Left foot touch to the left side
- 4 Place left foot next to right foot
- 5 Right foot touch to the right side
- 6 Right foot step beside left foot after making ½ turn to the right
- 7 Left foot touch to the left side
- 8 Place left foot next to right foot

LEFT & RIGHT HEEL SWIVELS

- 9& Swivel both heels left pointing toes right and return to center
- 10& Swivel both heels left pointing toes right and return to center
- 11& Swivel both heels right pointing toes left and return to center
- 12& Swivel both heels right pointing toes left and return to center

HOP, TOUCH, HOLD, 4 TIMES

- &13 Hop forward angled to right on right foot and touch left toe to right foot
- 14 Hold
- &15 Hop forward angled to left on left foot and touch right toe to left foot
- 16 Hold
- &17 Hop forward angled to right on right foot and touch left toe to right foot
- 18 Hold
- &19 Hop forward angled to left on left foot and touch right toe to left foot
- 20 Hold (you can add claps with the holds)

OUT HOLD IN HOLD, OUT & IN & OUT & IN

- &21 Right foot step to right, left foot step to left
- 22 Hold
- &23 Step right foot in, step left foot in
- 24 Hold
- 25&26 Right foot out, left foot out (double time)
- 27&28 Right foot in, left foot in (double time)

RIGHT SHUFFLE, ROCK STEP, LEFT SHUFFLE, ROCK STEP

- 29&30 Shuffle to the right side, right, left, right
- 31 Rock back on right foot
- 32 Rock forward on left foot
- 33&34 Shuffle to the left side, left, right, left
- 35 Rock back on left foot
- 36 Rock forward on right foot

HOP, CROSS, ½ TURN, HOLD

- 37 Hop, spreading both feet apart
- 38 Cross right foot over left foot
- 39 Unwind ½ turn left

40

Hold

REPEAT
