

Smoke 'em If You Got 'em

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate polka
编舞者: Bob Izral (USA)
音乐: Smoke, Smoke, Smoke That Cigarette - Willie Nelson



LEFT TRIPLE, RIGHT TRIPLE, HEEL, HOOK, LEFT TRIPLE

1&2 Left triple step diagonally forward-left
3&4 Right triple step diagonally forward-right
5-6 Touch left heel diagonally forward-left, hook left foot in front of right leg
7&8 Left triple step diagonally forward-left

HEEL, HOOK, RIGHT TRIPLE, JAZZ BOX TURNING ¼ LEFT

1-2 Touch right heel diagonally forward-right, hook right foot in front of left leg
3&4 Right triple step diagonally forward-right
5-8 Cross left in front, step right backward, turn ¼ left & step left to side, step right in front of left foot (9:00)

HEEL & HEEL, CROSS & CROSS, TAP TOE AND FLICK ASHES 4 TIMES

1&2 Touch left heel diagonally forward-left, hitch left knee, touch left heel diagonally forward-left ("smoke" imaginary cigarette in right hand)
3&4 Cross left behind right, step right to side, cross left in front of right
5-8 Step right diagonally forward-right (5) and tap right toe (or heel) 3 times (6-7-8)
At same time with imaginary "cigarette" in right hand - flick off ashes 4 times: 5-6-7-8
& Step right together

HEEL & HEEL, CROSS & CROSS, STOMP AND PUT OUT CIGARETTE

1&2 Touch left heel diagonally forward-left, hitch left knee, touch left heel diagonally forward-left ("smoke" imaginary cigarette in right hand)
3&4 Cross left behind right, step right to side, cross left in front of right
5 Stomp right diagonally forward-right (and throw cigarette from right hand toward right foot)
&6&7 Swivel right heel out, swivel right heel in, swivel right heel out, swivel right heel in (putting out cigarette) (weight on right foot)
8 Hold

CROSS SHUFFLE, KICK BALL CROSS, SIDE ROCK, SAILOR STEP

1&2 Cross left in front of right foot, step right to side, cross left in front of right foot
3&4 Kick right forward, step right backward, cross left in front of right foot
5-6 Rock right to side, step left foot in place (recover)
7&8 Cross right behind left foot, step left to side, step right in place

TOE & HEEL & TOE & HEEL & STEP, TURN, STEP, TURN

1&2& Touch left toe next to right foot, step left together, touch right heel forward, step right together
3&4& Touch left toe next to right foot, step left together, touch right heel forward, step right together
5-8 Step left forward, pivot ½ right, step left forward, pivot ½ right

REPEAT

On last count of song (count 24), flick imaginary "cigarette" away. Please, no real cigarettes on the dance floor! Hand movements are optional