

Smacked Around

拍数: 32 墙数: 4 级数: Improver
编舞者: Rick Marton
音乐: Smack Dab - Melinda Schneider



- 1-4 Touch right heel forward, touch right toe side with right heel turned out, touch right heel forward, step right beside left
5-8 Touch left heel forward, touch left toe side with left heel turned out, touch left heel forward, step left beside right

Variation: the dance can be made a little more exciting by adding an extra step to each of the above patterns. Step the right foot beside the left on the & count prior then touch the left toe beside the right instep. Do the same for the next set of steps. It effectively changes the normal step to a step-touch. The count then becomes 1,2,3&4

- 1-4 Step forward on right foot, pivot $\frac{1}{2}$ over left shoulder, step forward on right, pivot $\frac{1}{2}$ left
5-8 Vine right-left-right, touch left beside the right

Can also be varied to end the vine with a ball change left, right - count 1-2-3&4

- 1-4 Step forward on left foot, pivot $\frac{1}{2}$ over right shoulder, step forward on left, pivot $\frac{1}{2}$ right
5-8 Vine left-right-left touch right beside the left

Can also be varied to end the vine with a ball change right, left - count 1-2-3&4

- 1&2-3&4 Kick right, ball change (right-left), kick right, ball change (right-left)
5-6 Step forward on right, pivot $\frac{1}{4}$ turn left
7-8 Stomp right beside left, stomp left beside the right

REPEAT
