

Slow Hand

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Phil Carpenter (UK)
音乐: Slow Hand - The Pointer Sisters



LEFT ROCK FORWARD, REPLACE, LEFT LOCK BACK, FULL TURN RIGHT TURNING TO RIGHT SIDE, RIGHT SHUFFLE TURNING ¼ RIGHT

- 1-2 Left rock forward, replace weight on right
3&4 Left step back, right cross in front of left, left step back
5-6 Turn ¼ right & step right forward, step left forward & turn ¾ right (full turn now complete)
For those who do not wish to turn on steps 5 and 6, replace with right step to right side, left step beside right
7&8 Turn ¼ right stepping right forward, left step beside right, right step forward (you are now facing 3:00)

LAZY SWAYS LEFT & RIGHT, LEFT CROSS UNWIND ½ TURN RIGHT WITH TOUCH, RIGHT SHUFFLE FORWARD

- 9-10 Left step to left & sway hips to left
11-12 Sway hips back to right
13-14 Left cross over right, unwind ½ turn right end with touch on the right (weight on left)
15&16 Right step forward, left step beside right, right step forward

VINE WITH SWAYS LEFT AND RIGHT, HEEL PIVOT HALF TURN RIGHT, CHASSE LEFT

- 17-18 Sway to left & step left to left side, right cross behind left
19-20 Left step to left side, sway to right & step right to right side
21-22 Left step behind right, right step to right side
&23&24 On heel of right pivot ½ turn right, left step to left side, right step beside left, left step to left side

TOUCH BACK, HALF TURN RIGHT, CHASSE LEFT, CROSS ROCK REPLACE, CHASSE RIGHT

- 25-26 Right touch back, ½ turn right transferring weight onto right foot
27&28 Left step to left side, right step beside left, left step to left side
29-30 Right cross in front of left, replace weight back on left
31&32 Right step to right side, left step beside right, right step to right side

REPEAT

RESTART

On wall 4, only do steps 1 to 16 (omit 17 to 32) then start dance again from step 1 facing your new wall. This happens only once.
