

Slow Goodbye

拍数: 32 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Slow Goodbye - Verlon Thompson



SIDE, SLIDE, ROCK STEP BACK; FULL TURN FORWARD, STEP FORWARD, HOLD

1-2 Large step right to right side, slide left towards right, (no weight)
3-4 Rock left back, recover weight onto right
5-6 Make ½ turn right step left back, make ½ turn right step right forward, (12:00)
7-8 Step left forward, hold

ROCK STEP FORWARD, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD

1-4 Rock right forward, recover weight onto left, step right back, hold,
5-8 Rock left back, recover weight onto right, step left forward, hold

STEP, ½ TURN RIGHT, ROCK STEP BACK, STEP, LOCK, STEP, HOLD

1-2 Step forward on ball of right, make with weight on ball of right ½ turn left drop right heel,
(6:00)
3-4 Rock left back, recover weight onto right
5-8 Step left forward, lock right behind left, step left forward, hold

ROCK STEP, ½ TURN RIGHT, HOLD; ¼ TURN RIGHT WITH HIP SWAYS, TOUCH,

1-2 Rock right forward, recover weight onto left
3-4 Make ½ turn right step right forward, hold, (12:00)
5-7 Make ¼ turn right step left to left side sway hips to left, right, left, (3:00)
8 Touch right next to left

REPEAT

See also: "Slow Goodbye" partner dance
