

A Slow Dance

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Kurt Glover (AUS)
音乐: Slow Dance - Michael Peterson



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- 1-3 Step back right, turn $\frac{1}{2}$ left stepping forward left, pivot $\frac{1}{2}$ turn right on balls of both feet taking weight on right
4-6 Step forward left, step forward right pivoting $\frac{1}{2}$ left, step forward left
- 1-3 Step forward right, turn $\frac{1}{2}$ right on ball of right sliding left around on the floor (feet apart), hold with weight on right
4-6 Step forward left, turn $\frac{1}{2}$ left on ball of left sliding right around on the floor (feet apart), hold with weight on left
- 1-3 Rock forward right, rock back left, turn $\frac{1}{2}$ right stepping forward right
4-6 Step forward left pivoting $\frac{1}{2}$ right, step forward right, step forward left
- 1-3 Step forward right, turn $\frac{1}{2}$ turn right on ball of right sliding left around on the floor (feet apart), hold with weight on right
4-6 Step forward left, turn $\frac{1}{4}$ turn left on ball of left sliding right around on the floor (feet apart), hold with weight on left
- 1-3 Rock forward right, rock back left, turn $\frac{1}{2}$ right stepping forward right
4-6 Rock forward left, step right slightly to right, turn $\frac{3}{4}$ left stepping forward left
- 1-3 Rock forward right, rock back left, turn $\frac{1}{2}$ right stepping forward right
4-6 Rock forward left, step right slightly to right, turn $\frac{3}{4}$ left stepping forward left

REPEAT

TAG

During the 4th repetition of the dance there is a restart after 12 counts

- 1-9 As per dance description
10-12 Step left forward, step right beside left, step left beside right
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