The Slow Dance Dance

级数: Beginner nightclub

编舞者: Michael Thompson (USA)

拍数: 16

音乐: Raining on Sunday - Keith Urban

SIDE SLIDE LEFT, ROCK BACK, SIDE SLIDE RIGHT, REPEAT WITH 1/4 TURN RIGHT	
1-2&	Slide left foot long step to left side, rock on ball of right foot behind left, recover weight forward onto left foot slightly crossing a little more over the right
3-4&	Slide right foot long step to right side, rock on ball of left foot behind right, recover weight forward onto right foot slightly crossing a little more over the left
5-6&	Slide left foot long step to left side while making ¼ turn right, rock on ball of right foot behind left, recover weight forward onto left foot, slightly crossing a little more over the left
7-8&	Repeat count 3-4&
SIDE LEFT WITH ¼ TURN, ½ TURN, SIDE RIGHT WITH ¼ TURN, CROSS BEHIND, SIDE RIGHT WITH ¼	
TURN, ½ TURN, SIDE LEFT WITH ¼ TURN, CROSS OVER, SIDE STEP LEFT, CROSS OVER	
9-10&	Step left foot to left side while making ¼ turn left, step right foot forward, turn ½ turn left shifting weight to left foot
11-12&	Step right foot to right side while making ¼ turn left, cross left foot behind right, step right foot to right side while making ¼ turn right
13-14&	Step left foot forward, turn 1/2 turn right shifting weight to right foot, step left foot to left side while making 1/4 turn right
15-16&	Cross right foot over left, step left foot to left side, cross right foot over left
REPEAT	





墙数:4