

# Slow

拍数: 32      墙数: 4      级数: Improver nightclub  
编舞者: Suzy Taylor (UK)  
音乐: Slow - Kylie Minogue



## 2 WALKS FORWARD RIGHT & LEFT, FORWARD MAMBO, 2 LOCK STEPS BACK

1-2      Walk forward right, walk forward left  
3&4      Rock forward right, recover on left, step back on right  
5&6      Step back on left, lock right over left, step back on left  
7&8      Step back on right, lock left over right, step back on right

## STEP ½ TURN LEFT, PADDLE 1/8 TURN LEFT TWICE, FLICK RIGHT TURNING ¼ LEFT, WEAVE LEFT, ROCK OUT LEFT

1      Step left turning ½ left  
&2      Hitch right knee making 1/8 turn left, point right out to right  
&3      Hitch right knee making 1/8 turn left, point right out to right  
4      Flick up right leg with knee in pivot turn ¼ left. (facing home wall)  
5-7      Cross step right over left, step left to left, cross step right behind left  
&8      Rock left to left side, rock right in place

## CROSS, SIDE WITH 1/8 TURN LEFT, LEFT LOCK BACK, ROCK BACK TURNING 1/8 RIGHT, ¼ TURN LEFT, FORWARD BODY ROLL

1-2      Cross left over right, step to right on right turning 1/8 left  
3&4      Step back on left, step right over left, step back left  
5-6      Rock back on right turning 1/8 right, recover weight on left turning ¼ left  
7-8      Rock forward on right starting body roll, finish by rocking weight onto left

## TOE & HEEL TAPS WITH FORWARD SHUFFLES TWICE

1-2      Tap right toe angle body 1/8 left, tap right heel in place turn 1/8 right  
3&4      Step forward right, step left beside right, step forward right  
5-6      Tap left toe forward angle body 1/8 right, tap left heel in place turn 1/8 left  
7&8      Step forward left, step right beside left, step forward left

**REPEAT**

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