

# Slip'n N Slide'n

**COPPER KNOB**  
STEPSHEETS

拍数: 0                      墙数: 0                      级数:  
编舞者: Garry Saline (USA)  
音乐: Slip'n N Slide'n - Wayne Warner



Sequence: Start on count 8 of the music. AB AB CCAC Bridge AB AB CCAC Bridge & CCAC CAB

## PART A

### HEEL HOOK, SWIVEL HEELS, TOES, HEELS, TOES (2X'S)

1-2                      Right heel forward, right heel across left ankle  
3-4                      Right heel forward, step right beside left  
5-6-7-8                Swivel to right heels, toes, heels, toes  
9-10                     Left heel forward, left heel across right ankle  
11-12                    Left heel forward, step left beside right  
13-14-15-16            Swivel to left heels, toes, heels, toes

## PART B

### WALK FORWARD RIGHT AND LEFT, STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD

1-2                      Step right forward, step left behind right  
3-4                      Step right forward, touch left beside  
5-6                      Step left forward, step right behind left  
7-8                      Step left forward, touch right beside  
9-12                     Step right, hold, step left, hold  
13-16                    Step right, hold, step left, hold

## PART C

### STEP RIGHT, SLIDE LEFT, STEP LEFT, SLIDE RIGHT, FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT, FORWARD LEFT, RIGHT, LEFT, TOUCH RIGHT

1-2                      Long step right forward diagonal, slide left beside  
3-4                      Long step left forward diagonal, slide right beside  
5-6-7-8                Step forward right, left, right, touch left  
9-10-11-12            Step forward left, right, left, touch right

## BRIDGE

### MONTEREY $\frac{1}{4}$ , MONTEREY $\frac{1}{4}$ , MONTEREY $\frac{1}{2}$

1-2                      Touch right toe out to right side spin  $\frac{1}{4}$  turn to right, step right next to left  
3-4                      Touch left toe out to the left side, step left next to right  
5-8                      Repeat again for  $\frac{1}{4}$  turn the for  $\frac{1}{2}$  turn

## EXTRA PART OF BRIDGE

This part is done only after second bridge

### HEEL HOOK RIGHT, HEEL HOOK LEFT, HEEL HOOK RIGHT, HEEL HOOK LEFT

1-2                      Right heel forward, right heel across left ankle  
3-4                      Right heel forward, step right beside left  
5-6                      Left heel forward, left heel across right ankle  
7-8                      Left heel forward, step left beside right  
9-16                     Repeat 1-8