

Slip'n N Slide'n

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数:
编舞者: Garry Saline (USA)
音乐: Slip'n N Slide'n - Wayne Warner



Sequence: Start on count 8 of the music. AB AB CCAC Bridge AB AB CCAC Bridge & CCAC CAB

PART A

HEEL HOOK, SWIVEL HEELS, TOES, HEELS, TOES (2X'S)

1-2 Right heel forward, right heel across left ankle
3-4 Right heel forward, step right beside left
5-6-7-8 Swivel to right heels, toes, heels, toes
9-10 Left heel forward, left heel across right ankle
11-12 Left heel forward, step left beside right
13-14-15-16 Swivel to left heels, toes, heels, toes

PART B

WALK FORWARD RIGHT AND LEFT, STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD

1-2 Step right forward, step left behind right
3-4 Step right forward, touch left beside
5-6 Step left forward, step right behind left
7-8 Step left forward, touch right beside
9-12 Step right, hold, step left, hold
13-16 Step right, hold, step left, hold

PART C

STEP RIGHT, SLIDE LEFT, STEP LEFT, SLIDE RIGHT, FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT, FORWARD LEFT, RIGHT, LEFT, TOUCH RIGHT

1-2 Long step right forward diagonal, slide left beside
3-4 Long step left forward diagonal, slide right beside
5-6-7-8 Step forward right, left, right, touch left
9-10-11-12 Step forward left, right, left, touch right

BRIDGE

MONTEREY $\frac{1}{4}$, MONTEREY $\frac{1}{4}$, MONTEREY $\frac{1}{2}$

1-2 Touch right toe out to right side spin $\frac{1}{4}$ turn to right, step right next to left
3-4 Touch left toe out to the left side, step left next to right
5-8 Repeat again for $\frac{1}{4}$ turn the for $\frac{1}{2}$ turn

EXTRA PART OF BRIDGE

This part is done only after second bridge

HEEL HOOK RIGHT, HEEL HOOK LEFT, HEEL HOOK RIGHT, HEEL HOOK LEFT

1-2 Right heel forward, right heel across left ankle
3-4 Right heel forward, step right beside left
5-6 Left heel forward, left heel across right ankle
7-8 Left heel forward, step left beside right
9-16 Repeat 1-8