

Slide N' Scoot

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
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音乐: Men In Black - Will Smith



STEP SLIDE STEP TOUCH

- 1-2 Step right to right, slide and step left next to right
- 3-4 Step right to right. Touch left toe next to right instep.
- 5-6 Step left to left. Slide and step right next to left
- 7-8 Step left to left. Touch right toe next to left instep.

Alternate: double times slides, i.e. 1&2&3, touch

HEEL EXCHANGES

- 1& Touch right heel forward. Step right next to left
- 2& Touch left heel forward. Step left next to right
- 3& Touch right heel forward. Step right next to left
- 4 Touch left heel forward.
- 5& Touch left heel forward again. Step left next to right
- 6& Touch right heel forward. Step right next to left
- 7& Touch left heel forward. Step left next to right
- 8 Touch right forward.

SYNCOPATED SIDE JUMPS

- &1 Jump right, left to right side.
- 2 Hold and clap.
- &3 Jump right, left to right side
- 4 Hold and clap.
- &5 Jump left, right to left side
- 6 Hold and clap
- &7 Jump left, right to left side
- 8 Hold and clap.

SCOOTERS ON BOTH FEET

- 1 Scoot straight forward on both feet at same time
- &2 Clap twice.
- 3 Scoot straight back on both feet at same time
- &4 Clap twice
- 5 Scoot straight back on both feet at same time
- &6 Clap twice
- 7 Small jump turn on both feet ¼ turn to left.
- 8 Clap once.

REPEAT
