

Slick Nickel

拍数: 88 墙数: 4 级数:
编舞者: Unknown
音乐: Super Love - Exile



(3X) RIGHT HEEL BALL CHANGE

1&2 Right heel forward, step on ball of right traveling right, change to ball of left at home
3-6 Repeat 2 more time
7&8 Right heel forward, step on ball of right traveling right touch left at home

VINES

1-4 Step left on left right behind left step left on left touch right home
5-8 Rolling right vine ending with touch on right home

(3X) LEFT HEEL BALL CHANGE

1&2 Left heel forward, step on ball of left traveling left, change to ball of right at home
3-6 Repeat 2 more time
7&8 Left heel forward, step on ball of left traveling left touch right at home

VINES

1-4 Step right on right left behind right step right on right touch left home
5-8 Rolling left vine ending with touch on left home

SHUFFLE-PIVOT

1&2 Right shuffle forward
3&4 Left shuffle forward
5-6 Step forward right, pivot ¼ turn left
7-8 Step forward right pivot ¼ turn left

1&2 Right shuffle forward
3&4 Left shuffle forward
5-6 Step forward right, pivot ¼ turn left
7-8 Step forward right, pivot ¼ turn left

JAZZ BOX (TWICE)

1-4 Step right across left, step left home, step right to right, step left home
5-8 Repeat

RIGHT SIDE BALL CHANGE

1&2 Right step to right side, step on left ball in place (does not travel), change to right ball at home

LEFT SIDE BALL CHANGE

3&4 Left step to side, step on right ball in place (does not travel) change to foot ball at home

5&6 Right side ball change
7&8 Left side ball change

1-4 Walk forward right, left, right, kick left forward
5-7 Walk back left, right, left,
&8 Touch right shift weight to left (feet slightly apart)

HIPS BUMPS

1-4 Bump hips right twice, bump hips left twice, rotate hips right to left with slight knee bent

5-8 Repeat hip rotation (weight is right to left)

1-4 Rock forward right, left, home, rock back right, left, home

5-8 Step right forward with $\frac{1}{4}$ turn left, step left, stomp right, stomp left

REPEAT
