

Sleepwalking

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Sleepwalking - Maria Lawson



ROCK, RECOVER, SIDE, $\frac{3}{4}$ SAILOR RIGHT, ROCK, RECOVER, $\frac{1}{2}$ LEFT, 1 $\frac{1}{4}$ ROLL TO THE LEFT

1&2 Rock left behind right, recover, step left to side
3&4 Sailor-step $\frac{3}{4}$ turn right (9:00)
5&6 Rock left forward, recover, $\frac{1}{2}$ left (3:00) step left forward
7&8 $\frac{1}{2}$ left (9:00) step back on right, $\frac{1}{2}$ left (3:00) step left forward, $\frac{1}{4}$ left (12:00) step right to side

$\frac{1}{2}$ SAILOR LEFT, CROSS, FULL UN-WIND, SIDE, BEHIND, SIDE, CROSS, SWEEP, CROSS, SIDE, BEHIND, SWEEP

1&2 Sailor-step $\frac{1}{2}$ turn left (6:00)
3&4 Cross right over left, full un-wind left, step right to side
5&6& Step left behind right, step right to side, cross left over right, sweep right out (from back to front)
7&8& Cross right over left, step left to side, step right behind left, sweep left out to side

$\frac{1}{4}$ SAILOR LEFT, STEP, PIVOT $\frac{1}{2}$ LEFT, $\frac{1}{2}$ LEFT STEP BACK, STEP, LOCK, STEP, SWEEP, ROCK, RECOVER, $\frac{1}{2}$ LEFT STEP BACK

1&2 Sailor-step $\frac{1}{4}$ turn left (3:00)
3&4 Step right forward, pivot $\frac{1}{2}$ left (9:00), $\frac{1}{2}$ left (3:00) step back on right
5&6& Step back on left, lock right across, step back on left, sweep right (from front to back)

Tag and restart goes here on wall 5

7&8 Rock back on right, recover, $\frac{1}{2}$ left (9:00) step back on right

ROCK, RECOVER, $\frac{1}{2}$ RIGHT STEP BACK, $\frac{1}{2}$ RIGHT HOOK, STEP, LOCK, STEP, ROCK, RECOVER, $\frac{1}{4}$ LEFT STEP SIDE, CROSS, $\frac{1}{4}$ RIGHT STEP BACK, $\frac{1}{2}$ RIGHT, $\frac{1}{4}$ RIGHT STEP SIDE, RECOVER

1&2& Rock back on left, recover, $\frac{1}{2}$ right (3:00) step back on left, twist $\frac{1}{2}$ right (hook right across left)
3&4 Step right forward, lock left behind right, step right forward
5&6& Rock left forward, recover, $\frac{1}{4}$ left (6:00) step left to side, cross right over left
7&8& $\frac{1}{4}$ right (9:00) step back on left, right (3:00) step right forward, $\frac{1}{4}$ right (6:00) rock left to side, recover

REPEAT

RESTART

When dancing wall 5 only dance up to counts 5&6& in section 3. Replace counts 7&8 with:

7&8 Rock back on right, recover, $\frac{1}{4}$ left (12:00) step right to side

Then restart