

# Sleepless Nights

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 0      级数:  
编舞者: Stephen Sunter (UK)  
音乐: Sleepin' On the Foldout - Brad Paisley



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## WALK, WALK, SHUFFLE, ROCK STEP, WALK BACK

1-2            Step right forward, step left forward  
3&4           Step right forward, step left next to right, step forward right  
5-6           Rock forward left, replace weight to right  
7-8           Step left back, step right back

## BACK SHUFFLE, RIGHT REVERSE ¼ PIVOT, STEP LEFT ¼ PIVOT, RIGHT REVERSE ¼ PIVOT

1&2           Step back left, step right next to left, step back left  
3-4           Step right back, pivot ½ right  
5-6           Step left forward, pivot ¼ right  
7-8           Step right back, pivot ¼ right

## CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2           Rock forward left and across right, replace weight to right  
3&4           Step left to left, right next to left, left to left  
5-6           Rock forward right and across left, replace weight to left  
7&8           Step right to right, left next to right, right to right

## SAILOR STEP, CROSS ROCK, ¼ TURN RIGHT, STEP ½ PIVOT, STEP FORWARD

1&2           Step left behind right, right to side, step left  
3-4           Rock forward right and across left, replace weight to left  
5-6           Make a ¼ turn right stepping forward right, step forward left  
7-8           Pivot ½ right, step forward left

**REPEAT**

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