

Sleepless For Leslie

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jolene Pearly Vun (MY)
音乐: Mou Sam Sui Min (Sleepless) - Leslie Cheung



Dedicated to the late Leslie Cheung who left us on 01-April-2003, from the die hard fan

HIP BUMPS

1-2 Two hip bumps to the left
3-4 Two hip bumps to the right
5-6 Hip bumps to the left and right
7-8 Two hip bumps to the left

HIP BUMPS FORWARD, VINE WITH ½ TURN LEFT

1-2 Touch right foot forward, bump hips to the right twice
3-4 Touch left foot forward, bump hips to the left twice
5-6 Cross right foot behind left foot, step left foot to the left making ¼ turn to the left
7-8 Step right foot forward and making ¼ left turn, step left foot besides right foot (weight on left)
(facing 06:00)

STEP POINT (TWICE), ROCK, RECOVER, SIDE ROCK RIGHT & LEFT

1-2 Step right across left and point left to the left
3-4 Step left across right and point right to the right
5-6 Step right across left, recover on left
7-8 Step rock right to the right and side rock to the left

Arms movement

5 Swing right arm diagonally backward from left to right, starting from the chest level towards right hip
6 Swing right arm diagonally forward from right to left, up to the chest
7 Swing right arm upwards to the right
8 Swing left arm upwards to the left
7-8, arm upwards make a "v" shape

BACK ROCK, RECOVER, CHASSE RIGHT, BACK ROCK, RECOVER, CHASSE LEFT

1-2 Rock right behind left, recover on left
3&4 Chassis to the right (right, left, right)
5-6 Rock left behind right, recover on right
7&8 Chassis to the left (left, right, left)

TOE STRUT FORWARD (TWICE), ROCK FORWARD, RECOVER, RIGHT COASTER STEP

1-2 Right toe strut forward
3-4 Left toe strut forward
5-6 Rock forward with right foot, recover weight back to left foot
7&8 Right coaster step

LEFT TOE STRUT FORWARD, ¼ RIGHT TURN WITH A RIGHT TOE STRUT, TOE TAP FORWARD, BACK IN PLACE (TWICE)

1-2 Left toe strut forward
3-4 ¼ right turn with right toe strut forward
5-6 Tap left toe forward, step back left beside right
7-8 Tap right toe forward, step back right beside left

Arms movement

- 5 Right arm forward and left arm back with both elbows $\frac{1}{4}$ turn (hands point upwards) with a body twist, face must look to the front
- 6 Drop both arms down
- 7 Left arm forward and right arm back with both elbows $\frac{1}{4}$ turn (hands point upwards) with a body twist, face must look to the front
- 8 Drop both arms down

REPEAT
