

Sleeping Shadows (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver partner dance
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Buenas Noches From a Lonely Room (She Wore Red Dresses) - Dwight Yoakam



Position: Right Side By Side

Start on vocal when Dwight sings "dresses. She wore red dresses with her black shining hair"

ROCK STEP FORWARD, RIGHT, SHUFFLE BACK, ROCK STEP BACK, LEFT, SHUFFLE FORWARD

1-2 Rock right forward, recover weight onto left,
3&4 Shuffle back stepping right, left, right
5-6 Rock left back, recover weight onto right
7&8 Shuffle forward stepping left, right, left

STEP, PIVOT ¼ LEFT X3, CHASSE RIGHT

Let go left hands, raise right arm

1-2 Step right forward, pivot ¼ turn left
3-4 Step right forward, pivot ¼ turn left
5-6 Step right forward, pivot ¼ turn left (3:00)
7&8 Step right to right side, step left next to right, step right to right side

STEP, PIVOT ¼ RIGHT X3, LEFT, SHUFFLE FORWARD

Still holding right hands, raise right arm

1-2 Step left forward, pivot ¼ turn right
3-4 Step left forward, pivot ¼ turn right
5-6 Step left forward, pivot ¼ turn right (rejoin left hands)
7&8 Shuffle forward stepping left, right, left

DIAGONALLY STEPS, TOUCHES

1-2 Step right diagonally forward to right, touch left toe next to right
3-4 Step left diagonally forward to left, touch right toe next to left
5-6 Step right diagonally back to right, touch left toe next to right
7-8 Step left diagonally back to left, touch right toe next to left

ROCK STEP, ("LADY ½ TURN SHUFFLE RIGHT, STEP, PIVOT ½ RIGHT", "MAN RIGHT, SHUFFLE BACK, ROCK STEP BACK"), LEFT, SHUFFLE FORWARD

1-2 Rock right forward, recover weight onto left
Let go left hands, raise right arm
3&4 **LADY:** Shuffle ½ turn right stepping right, left, right
 MAN: Shuffle back stepping right, left, right
5-6 **LADY:** Step forward on left, pivot ½ turn right
 MAN: Rock left back, recover weight onto right (rejoin left hands)
7&8 Shuffle forward stepping left, right, left

POINT, HOLD, CROSS SHUFFLE TWICE

1-2 Point right toe to right side, hold
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 Point left toe to left side, hold
7&8 Cross step left over right, step right to right side, cross step left over right

SIDE, ¼ TURN, CHASSE, STEP, ¼ TURN, LEFT, SHUFFLE FORWARD

Let go left hands, raise right arm

1-2 Step right to right side, make on ball of right $\frac{1}{4}$ turn left (lady behind man)

3&4 Step left to left side, step right next to left, step left to left side

Raise right arm

5-6 Step right forward, make on ball of right $\frac{1}{4}$ turn right

Rejoin left hands, start position

7&8 Shuffle forward stepping left, right, left

SIDE, TOGETHER, RIGHT, SHUFFLE BACK, SIDE, TOGETHER, LEFT, SHUFFLE FORWARD

1-2 Step right to right side, step left next to right

3&4 Shuffle back stepping right, left, right

5-6 Step left to left side, step right next to left

7&8 Shuffle forward stepping left, right, left

REPEAT
