

Sleeping Child

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Joenan (AUS)
音乐: Sleeping Child - Michael Learns to Rock



HIP SWAYS, CROSS STEP BEHIND, STEP RIGHT ¼ TURN RIGHT, STEP LEFT ½ TURN RIGHT, SAILOR CROSS, STEP LEFT

- 1-4 Step left to left side and sway hips left, sway hips right, cross step left behind right, turning ¼ right step right to right side
- 5-8 Turning ½ right step forward on left, cross step right behind left, step left to left side, cross step right over left, step left to left side (big step and drag right toward left)

CROSS ROCK, RECOVER, TRIPLE STEP ¾ TURN RIGHT, CROSS STEP, STEP BACK, STEP LEFT, CROSS STEP, STEP LEFT, STEP, POINT, STEP BACK

- 1-2 Cross rock right over left, recover onto left
- 3&4 Turning ¾ right triple step on right, left, right
- &5&6 Cross rock left over right, recover onto right, step left to left side, cross step right over left
- 7&8& Step left to left side (big step), step right together, point left toe to left side, step back on left

WALK FORWARD X 3, FULL TURN LEFT, SAILOR CROSS, STEP RIGHT

- 1-3 Walk forward on right, left, right
- 4-5 Turning ½ left step back on left, turning ½ left step forward on right
- 6&7 Cross step left behind right, step right to right side, cross step left over right
- 8 STEP RIGHT TO RIGHT SIDE (BIG STEP AND DRAG LEFT TOWARD RIGHT)

STEP BACK, CROSS STEP, CHASSE LEFT ¼ TURN LEFT, PRESS FORWARD, COASTER STEP, PIVOT ½ TURN LEFT

- &1 Step back on left, cross step right over left
- 2&3 Turning ¼ left chasse left on left, right, left
- 4 On ball of right press forward (styling: stretch out both hands forward)
- 5&6 Step back on left, step right beside left, step forward on left
- 7-8 Step forward on right, pivot ½ turn left stepping forward on left

PIVOT ½ TURN LEFT, ROCK, RECOVER ½ TURN RIGHT, HIP SWAYS, CHASSE RIGHT

- 1-4 Step forward on right, pivot ½ turn left stepping forward on left, rock forward on right, turning ½ right recover onto left
- 5-6 Step right to right side and sway hips right, sway hips left
- 7&8 Chasse right on right, left, right

STEP FORWARD, POINT, SWIVEL ¼ TURN RIGHT, STEP BACK, CROSS SHUFFLE, FULL TURN LEFT

- 1-4 Step forward on left, point right toe to right side, on ball of left swivel ¼ turn right (styling: push hips left and bend knees slightly), step back on right
- 5&6 Cross step left over right, step right to right side, cross step left over right
- 7-8 Turning ½ left step back on right, turning ½ left step forward on left

HIP SWAYS, CROSS STEP BEHIND, STEP LEFT ¼ TURN LEFT, STEP FORWARD ½ TURN LEFT, STEP FORWARD ½ TURN LEFT, SCISSORS CROSS, STEP LEFT, STEP BACK

- 1-2 Step right to right side and sway hips right, sway hips left
- & Cross step right behind left
- 3-4 Turning ¼ left step left to left side, turning ½ left step forward on right
- 5 Turning ½ left step forward on left
- 6&7 Step right to right side, step left beside right, cross step right over left

&8 Step left to left side, step back on right

CROSS STEP, STEP BACK, SAILOR STEP, ROCK, RECOVER, STEP BACK, HIP SWAYS

&1 Cross step left over right, step back on right

2&3 Cross step left behind right, step right to right side, step left forward

&4 Rock back on right, recover onto left

& Step back on right

5-8 Step left to left side and sway hips left, sway hips right, sway hips left, sway hips right (weight ending on right)

REPEAT

TAG & RESTART

After wall 3 (facing 3:00) dance the first 32 counts (you'll then face 12:00) then do the 8 count tag (you'll then face 3:00), then restart from beginning

STEP RIGHT, STEP LEFT, STEP BACK, CROSS STEP, STEP RIGHT, SAILOR STEP ¼ TURN RIGHT, SAILOR STEP

1 Step right to right side

2&3 Step left to left side, step back on right, cross step left over right

4 Step right to right side

5&6 Cross step left behind right, turning ¼ right step right to right side, step left slightly to left side

7&8 Cross step right behind left, step left to left side, step forward on right
