

# Sledgehammer

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate west coast swing  
编舞者: Mikael Mölsä (FIN)  
音乐: Sledgehammer - Peter Gabriel



Starting point: At about 0:20, when Peter starts talking

## SIDE STEP, 3 COUNT HIP ROLL, TOUCHES, $\frac{3}{4}$ TURNING SAILOR STEP

- 1                    Step left to left side
- 2-4                Roll hips to the left for 3 counts (weight ends up on left)
- 5-6                Touch right across left, touch right to side
- 7&8                Do a sailor step that turns  $\frac{3}{4}$  to right (weight ends up on right)

## ROCK STEP, SLIDE, STEPS, $\frac{1}{4}$ KICK BALL CROSS

- 1&2                Rock left across right, recover weight back to right, take a big step to left
- 3-4                Slide right next to left for two counts
- &5-6               Step right next to left, step left forward, step right forward
- 7&8                Kick left forward, step left next to right, turn  $\frac{1}{4}$  to right and step right across left

## SIDE STEP, 3 COUNT HIP ROLL, STEPS, ANCHOR STEP

- 1                    Step left to left side
- 2-4                Roll hips to the left for 3 counts (weight ends up on left)
- 5-6                Step right forward, step left forward
- 7&8                Step right foot behind left foot, step left foot in place, step right foot in place

## $\frac{1}{4}$ TURNING SAILOR STEP, $\frac{1}{2}$ HIP BUMP TURN, SKATES

- 1&2                Do a sailor step that turns  $\frac{1}{4}$  to left (weight ends up on left)
- 3&4                Turn  $\frac{1}{4}$  to left by stepping right to side while bumping to right side, bump hips to left, bump hips right and turn  $\frac{1}{4}$  to left (weight ends up on right)
- 5-8                Skate left, right, left, right

## REPEAT

## RESTART

On wall 5 (12:00), and wall 9 (9:00), dance the first 16 counts and restart from the top

## ENDING

On wall 15 (12:00) you only have time to dance 15 counts. Do the first 14 counts, but replace the kick ball cross with just a  $\frac{1}{4}$  right turning side step. This makes you face the front wall