

Sledgehammer

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Mikael Mölsä (FIN)
音乐: Sledgehammer - Peter Gabriel



Starting point: At about 0:20, when Peter starts talking

SIDE STEP, 3 COUNT HIP ROLL, TOUCHES, $\frac{3}{4}$ TURNING SAILOR STEP

1 Step left to left side
2-4 Roll hips to the left for 3 counts (weight ends up on left)
5-6 Touch right across left, touch right to side
7&8 Do a sailor step that turns $\frac{3}{4}$ to right (weight ends up on right)

ROCK STEP, SLIDE, STEPS, $\frac{1}{4}$ KICK BALL CROSS

1&2 Rock left across right, recover weight back to right, take a big step to left
3-4 Slide right next to left for two counts
&5-6 Step right next to left, step left forward, step right forward
7&8 Kick left forward, step left next to right, turn $\frac{1}{4}$ to right and step right across left

SIDE STEP, 3 COUNT HIP ROLL, STEPS, ANCHOR STEP

1 Step left to left side
2-4 Roll hips to the left for 3 counts (weight ends up on left)
5-6 Step right forward, step left forward
7&8 Step right foot behind left foot, step left foot in place, step right foot in place

$\frac{1}{4}$ TURNING SAILOR STEP, $\frac{1}{2}$ HIP BUMP TURN, SKATES

1&2 Do a sailor step that turns $\frac{1}{4}$ to left (weight ends up on left)
3&4 Turn $\frac{1}{4}$ to left by stepping right to side while bumping to right side, bump hips to left, bump hips right and turn $\frac{1}{4}$ to left (weight ends up on right)
5-8 Skate left, right, left, right

REPEAT

RESTART

On wall 5 (12:00), and wall 9 (9:00), dance the first 16 counts and restart from the top

ENDING

On wall 15 (12:00) you only have time to dance 15 counts. Do the first 14 counts, but replace the kick ball cross with just a $\frac{1}{4}$ right turning side step. This makes you face the front wall