

Sledgehammer

COPPER KNOB
BY STEPHENETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Mark Brown (UK)
音乐: Sledgehammer - Peter Gabriel



Sequence: AAAB, ABB, AAAA

PART A

RIGHT KICK TWICE, STEP RIGHT ½ TURN, TOUCH, DIAGONAL STEP FORWARD, TOUCH, DIAGONAL STEP BACK TOUCH

- 1-2 Kick right forward twice
- 3-4 Step right making ½ turn right, touch left beside right
- 5-6 Step left diagonally forward and to the left, touch right beside left
- 7-8 Step right diagonally back and to the right, touch left beside right.

LEFT KICK TWICE, STEP LEFT ½ TURN, TOUCH, DIAGONAL STEP FORWARD, TOUCH, DIAGONAL STEP BACK TOUCH

- 9-10 Kick left forward twice
- 11-12 Step left making ½ turn left, touch right beside left
- 13-14 Step right diagonally forward and to the right, touch left beside right
- 15-16 Step left diagonally back and to the left, touch right beside left

LUNGE/ROCK RIGHT, RIGHT SAILOR STEP, LUNGE/ROCK LEFT, LEFT SAILOR STEP

If the dancer wishes they could add styling to the lunges. In this case the lyric is 'Big Dipper', so the dancer could exaggerate the lunges to compliment the lyric

- 17-18 Step right to right side with a lunging action, close right to left
- 19&20 Step right behind left, step left to side, step right level with left
- 21-22 Step left to left side with a lunging action, close left to right
- 23&24 Step left behind right, step right to side, step left level with right

RIGHT KICK FORWARD AND SIDE, RIGHT SAILOR TURNING ¼ RIGHT, KICK LEFT TWICE, LEFT SHUFFLE

- 25-26 Kick right forward, kick right to the right side
- 27-28 Step right behind left, step left to left side, step right to right with ¼ turn right
- 29-30 Kick left forward twice
- 31-32 Left shuffle forward, left right left

SIDE RIGHT, LEFT BEHIND, CHASSE RIGHT WITH ¼ TURN RIGHT, TWO ¼ PADDLE TURNS TO RIGHT
More styling could be added here. For example the lyrics include the words 'aeroplane' and 'bumper car', so the dancer can hold out their arms with the lyric 'aeroplane', or bump their hips with the lyric 'bumper car'

- 33-34 Step right to right side, step left behind right
- 35&36 Chasse right, right left right, making ¼ turn to right on last step
- 37-38 Step left slightly forward, push with the left to turn the body ¼ turn right
- 39-40 Step left slightly forward, push with the left to turn the body ¼ turn right

LEFT HIP BUMP FORWARD TWICE, RIGHT HIP BUMP FORWARD TWICE, STEP FORWARD LEFT, ½ PIVOT TURN RIGHT, SYNCOPATED LEFT BEHIND, SIDE RIGHT, CROSS LEFT

- 41-42 Step left forward bumping left hip forward twice
- 43-44 Step right forward bumping right hip forward twice
- 45-46 Step left forward, pivot ½ to right
- 47 Step left behind right
- & Step right to right side

PART B

Counts 1-16 are repeated for counts 17-32. The only difference being that after the slide there are three stomps instead of two

STOMP LEFT IN PLACE, STRONG STEP RIGHT, SLIDE LEFT TO RIGHT, STOMP LEFT, TWO VORDAVILLE STEPS LEFT THEN RIGHT

- 1-2 Stomp left in place, step right strongly to right
- 3& Slide left up to right
- 4& Two left stomps, step right slightly back
- 5& Dig left heel forward, close left to right
- 6& Cross right over left, step left back slightly
- 7& Dig right heel forward, close right to left
- 8 Cross left over right

TWO ¼ PADDLE TURNS LEFT, TWO VORDAVILLE STEPS LEFT THEN RIGHT

- 9-10 Step right slightly forward, push on right to turn body ¼ turn left
 - 11-12 Step right slightly forward, push on right to turn body ¼ turn left
 - & Step right slightly back
 - 13& Dig left heel forward, close left to right
 - 14& Cross right over left, step left back slightly
 - 15& Dig right heel forward, close right to left
 - 16 Cross left over right
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