

# Slave To The Habit

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
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音乐: Slave to the Habit - Shane Minor



## RIGHT SHUFFLE, SYNCOPATED CROSS, ROCK STEP, TURN

1&2      Step right foot to right, bring left up behind, step right foot to right  
3&4      Step left foot behind the right, step right next to left, cross left over right  
5-6      Step right foot to the right, shift weight back onto the left  
7-8      On left foot turn  $\frac{1}{2}$  to the left, bring left foot together put weight on it

## RIGHT SHUFFLE, SYNCOPATED CROSS, ROCK STEP, TURN

9-16      Repeat steps 1-8

## SHUFFLES FORWARD, ROCK STEP, SHUFFLE TURN

17&18      Step right foot forward, bring left up behind, step right foot forward  
19&20      Step left foot forward, bring right up behind, step left foot forward  
21-22      Step forward on right foot, shift weight back onto the left  
23&24      Step right, left, right as you turn  $\frac{1}{2}$  back to your right

## SHUFFLES FORWARD, ROCK STEP, SHUFFLE TURN

25&26      Step left foot forward, bring right up behind, step left foot forward  
27&28      Step right foot forward, bring left up behind, step right foot forward  
29-30      Step forward on left foot, shift weight back onto the right  
31&32      Step left, right, left as you turn  $\frac{1}{2}$  back to your left

## STEP TURN, HIP ROLLS

33-34      Step right foot forward, turn  $\frac{1}{4}$  to left  
35-36      Roll hips from left to right  
37-40      Repeat steps 33-36

## HOPS

41-42      Hop forward to right, hop to left  
43&44      Hop 3 times to the right, turn  $\frac{1}{4}$  back to the left as you hop(all hops move the same direction)  
45-46      Repeat 41-42  
47&48      Hop and spread feet apart, hop and cross feet, hop and spread feet apart

## REPEAT

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