

Sky High

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jackie Miranda (USA)
音乐: Sky High - Newton



Begin dance after 32 count intro before vocals

STEP RIGHT TO RIGHT SIDE, BUMP RIGHT HIP 3 TIMES, SWIVEL HEELS LEFT, SWIVEL HEELS RIGHT, HITCH RIGHT KNEE AT ANGLE, STEP RIGHT, STEP LEFT

- 1-4 Step right to right side, bump hips right 3 times
5-6 Swivel heels left, swivel heels right
7&8 Hitch right knee at left 45-degree angle, step down on right, step down on left (still facing 45 degree left)

MOVING BACK STEP RIGHT, STEP BACK LEFT TO LEFT, CROSS RIGHT OVER LEFT, STEP LEFT BACK, STEP BACK RIGHT, CROSS LEFT OVER RIGHT, STEP BACK RIGHT, TURN ¼ LEFT ON LEFT

- 1-4 Moving backwards step right slightly back, step left slightly back, cross right over left, step left back
5-8 Step right back, cross left over right, step right back, turn body ¼ turn left on left keeping right back

STEP RIGHT TO RIGHT SIDE, BUMP RIGHT HIP 3 TIMES, SWIVEL HEELS LEFT, SWIVEL HEELS RIGHT, HITCH RIGHT KNEE AT ANGLE, STEP RIGHT, STEP LEFT

- 1-4 Step right to right side, bump hips right 3 times
5-6 Swivel heels left, swivel heels right
7&8 Hitch right knee at left 45-degree angle, step down on right, step down on left (still facing 45 degree left)

MOVING BACK STEP RIGHT, STEP BACK LEFT TO LEFT, CROSS RIGHT OVER LEFT, STEP LEFT BACK, STEP BACK RIGHT, CROSS LEFT OVER RIGHT, STEP BACK RIGHT, TURN ¼ LEFT ON LEFT

- 1-4 Moving backwards step right slightly back, step left slightly back, cross right over left, step left back
5-8 Step right back, cross left over right, step right back, turn body ¼ turn left on left keeping right back

RIGHT AND LEFT SAILOR SHUFFLES, 2 ½ TURNS LEFT

- 1&2 Step right behind left, step left to left side, step right to right side
3&4 Step left behind right, step right to right side, step left to left side
5-8 Step right forward, pivot and turn ½ turn left, step right forward, pivot and turn ½ turn left

STEP RIGHT FORWARD ROLLING HIPS TO THE LEFT, ROCK RIGHT FORWARD RECOVER LEFT, FULL TURN RIGHT

- 1-4 Step right slightly forward and roll hips to the left to count 4 (two rotations)
5-8 Rock right forward recover on left, making a full turn right step right back into ½ turn right, pivot on ball of right to make ½ turn right, bring left back weight is on left

RIGHT & LEFT SAILOR SHUFFLES, 2 TRAVELING RIGHT KICK-BALL-CHANGE

- 1&2 Step right behind left, step left to left side, step right to right side
3&4 Step left behind right, step right to right side, step left to left side
5&6 Traveling forward kick right slightly forward, step right next to left, step forward on left
7&8 Repeat 5&6 above

TWO ½ TURNS LEFT, VINE RIGHT WITH ½ TURN RIGHT

1-4

Step right forward, turn $\frac{1}{2}$ turn left, step right forward, turn $\frac{1}{2}$ turn left

5-8

Step right to right side, step left behind right, pivot on ball of right turning $\frac{1}{2}$ turn right, step on left

REPEAT
