

Sizzle & Sin

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Gaye Teather (UK)
音乐: Heatwave - Dave Sheriff



RIGHT & LEFT LOCK STEPS FORWARD, SIDE ROCK CROSS TWICE

1&2 Step forward on right, lock left behind right, step forward on right
3&4 Step forward on left, lock right behind left, step forward on left
5&6 Rock right foot to right side, recover onto left, cross step right over left
7&8 Rock left foot to left side, recover onto right, cross step left over right

¼ TURN LEFT, LOCK STEPS BACK, ¼ TURN LEFT, LOCK STEPS FORWARD HEEL & TOE SWITCHES

9&10 Making ¼ turn left step back on right, lock left over right, step back on right
11&12 Making ¼ turn left step forward on left, lock right behind left, step forward on left
13&14& Touch right heel forward, step right in place, touch left heel forward, step left in place
15&16 Touch right toe to right side, step right in place, touch left toe to left side

LEFT SAILOR, RIGHT SAILOR TURNING ¼ RIGHT, SHUFFLE ½ TURN RIGHT, COASTER STEP

17&18 Step left behind right, step right to right side, step left to left side
19&20 Step right behind left, make ¼ turn right stepping left to left side, step right to right side
21&22 Make ½ turn right stepping back on left, close right beside left, step back on left
23&24 Step back on right, close left beside right, step forward on right

PADDLE TURNS MAKING FULL TURN RIGHT, CROSS, SIDE, BEHIND-SIDE-CROSS

25& Touch left toe forward, on ball of right foot pivot ¼ turn right
26& Touch left toe forward, on ball of right foot pivot ¼ turn right
27& Touch left toe forward, on ball of right foot pivot ¼ turn right
28& Touch left toe forward, on ball of right foot pivot ¼ turn right
29-30 Cross left over right, step right to right side
31&32 Step left behind right, step right to right side, step left over right

SIDE RIGHT, SLIDE, SIDE LEFT, SLIDE

33-34 Long step to right on right foot, slide left to right and touch
35-36 Long step to left on left foot, slide right to left and touch

REPEAT