

Six Pack Summer

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dan Albro (USA) & Mike Camara (USA)
音乐: Six-Pack Summer - Phil Vassar



TOE, HEEL & HEEL & HEEL & ROCK, ½ TURN, SHUFFLE

1-2 Sugarfoot move touching right toe towards left toe, fanning right toe out touch right heel
&3&4 Quick heel switches stepping right in place, touch left heel out, step left next to right, touch right heel out
&5-6-7&8 Step right next to left, rock forward on left, step back on right, doing a ½ turn left, shuffle forward left, right, left

CROSS ½ TURN, BEHIND AND OVER, STEP SLIDE, KICK BALL CROSS

1-2 Cross right over left, unwind ½ turn left (weight on left)
3&4 Cross right behind left, step side left, cross right over left
5-6 Take a large side step left, slide right toe next to left (just touch - optional hand clap)
7&8 Kick right forward, step back on right, cross left over right

3 HIPS, SAILOR SHUFFLE, CROSS BEHIND FULL TURN, SIDE SHUFFLE

1&2 Side step right & bump hips right, left, right (add shoulders & arms for fun)
3&4 Sailor shuffle crossing left behind right, step side right, step forward left
5-6 Cross right toe behind left & start full turn right, finish turn stepping slightly forward on right
7&8 Step side left, step right next to left, step side left

HEEL & TOE, ¼ TURN HEEL BALL STEP, STEP ½ TURN RIGHT, SHUFFLE

1&2 Touch right heel forward, quickly step right next to left, touch left toe back,
3&4 Turn ¼ left touching left heel forward, quickly step back on ball of left, step forward on right
5-6-7&8 Step forward left, pivot ½ turn right stepping forward right, shuffle forward stepping left, right, left

REPEAT
