

Sitting Down Here

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Sue Reynolds
音乐: Sitting Down Here - Lena Marlin



RIGHT & LEFT HEEL DIGS, RIGHT TOE TAPS / LEFT AND RIGHT HEEL DIGS, LEFT TOE TAPS

- 1-2 Right heel dig, left heel dig
- 3-4 Right toe taps twice (clicking fingers at shoulder height twice)
- 5-6 Left heel dig, right heel dig
- 7-8 Left toe taps twice (clicking fingers at shoulder height twice)

LEFT SHUFFLE FORWARD, KICK FORWARD, SIDE, RIGHT SHUFFLE BACK, KICK FORWARD, SIDE WITH ¼ TURN LEFT

- 9&10 Left shuffle forward left-right-left
- 11-12 Kick right foot forward, then to right side
- 13&14 Right shuffle back
- 15-16 Kick left foot forward, then to side making ¼ turn to left at same time

TRIPLE IN PLACE LEFT-RIGHT-LEFT, FORWARD ROCK AND RECOVER, BACK ROCK AND RECOVER, STEP AND HOLD

- 17&18 Triple in place leading left-right-left
- 19-20 Rock forward onto right, recover weight onto left
- 21-22 Rock back onto right, recover weight onto left

On steps 23-26 hold elbows to side, palms flat and upturned at shoulder height, as if asking "Why?"

- 23-24 Step right to right side (so feet apart) hold

AND STEP, HOLD, CROSS ROCK LEFT OVER RIGHT, SIDE SHUFFLE TO LEFT, STEP FORWARD ON RIGHT, PIVOT ¼ TURN TO LEFT

- &25-26 Close left and step right to right side, hold
- 27-28 Cross rock left over right, recover weight onto right
- 29&30 Side shuffle to left leading left-right-left
- 31-32 Step forward on right, pivot ¼ turn to left, weight ending on left

REPEAT
