

Sitting Bull Stomp

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数:
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音乐: Indian Outlaw - Tim McGraw



STOMP LEFT, STOMP RIGHT, CROSS LEFT ARM OVER RIGHT, CROSS RIGHT ARM OVER LEFT

1-2 Stomp left foot out 45degrees to left, stomp right foot out 45degrees to right
3-4 Cross left arm over right arm, cross right arm over left arm

CROSS RIGHT LEG OVER LEFT, UNWIND ½ TURN LEFT, STOMP LEFT, STOMP RIGHT

5-6 Flick right leg out and across over left leg, unwind ½ turn to the left
7-8 Stomp left foot out 45 degrees left, stomp right foot out 45 degrees to right

STOMP RIGHT, LEFT, RIGHT, HOP TWICE ON RIGHT, STOMP LEFT, RIGHT, LEFT

9&10-12 Stomp 45 degrees traveling to the right, right foot. Left foot, right foot, raise right arm in the air bent at elbow(holding imaginary tomahawk) and hop on right leg twice
13&14-16 Stomp 45 degrees traveling to the left, left foot, right foot, left foot, raise left arm in air bent at elbow and hop twice on left leg

STOMP RIGHT FOOT BACK TO PLACE, STOMP LEFT FOOT BACK TO PLACE, MONTEREY TURN TO RIGHT

17-18 Stomp right foot back to center, stomp left foot next to it
19-20 Touch right toe to side and ½ turn to right, bringing right foot back beside left foot
21-22 Touch left toe to left side, return to place

TURNING ½ TO RIGHT, RIGHT HEEL, LEFT TOE, RIGHT HEEL, LEFT TOE

23-26 Turning ¼ turn right on the spot, keeping knees bent "holding tomahawk in right hand".
Touch right heel forward 45degrees. Return, touch left toe behind, return

You should now be ¼ turn to the right

27-29 Repeat steps 23-26

You should now be ½ turn to the right

SIDE STEP TO RIGHT, SLIDE LEFT FOOT TO MEET, ¼ TURN LEFT AND HOLD

30-34 Take long side step to the right on right foot, slide left foot to meet right and ¼ turn to the left, raise right arm at the elbow, palm facing forward ("how!")

PIVOT ½ TURN RIGHT & WALK BACK ROUND TO LEFT ON SPOT:LEFT-RIGHT-LEFT, STOMP RIGHT FOOT

35-40 Step left foot forward and pivot ½ turn right, walk back round on the spot a ½ turn left by stepping left, right, left and facing new wall, stomp right foot

You should now be a ¼ to the left of the starting wall

REPEAT
