

# Sitting And Cruising

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数:  
编舞者: Jacqui Peel (UK)  
音乐: Cruisin' - Dave Sheriff



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## VINE RIGHT, VINE LEFT

1-4      Side step right, step left behind right, side step right, scuff left  
5-8      Side step left, step right behind left, side step left, scuff right

## SHUFFLES FORWARD

9&10      Shuffle forward right-left-right  
11&12      Shuffle forward left-right-left

## TOE STRUTS IN PLACE

13-16      Touch right toe in place, lower right heel, touch left toe in place, lower left heel

## HEEL SWIVELS

### Swivel both heels in the same direction

17-20      Swivel heels left, right, forward, hold and clap  
21-24      Swivel heels right, left, forward, hold and clap

## KICK BALL-CHANGE, ¼ TURN LEFT

25&26      Kick right forward, step ball of right next to left, step ¼ turn to left on left  
27&28      Kick right forward, step ball of right next to left, step left in place

## HEEL SPLITS

29-32      Heels apart, together, apart, together

## REPEAT

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