

# Sit Down

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Anji Cowley (UK)  
音乐: Sit Down Next To Me - James



## KICK, KICK, TRIPLE STEP (LEADING RIGHT THEN LEFT)

1-2      Kick right foot forward twice  
3&4      Triple step in place right, left, right  
5-6      Kick left foot forward twice  
7&8      Triple step in place, left, right, left

## RIGHT GRAPEVINE WITH TOUCH, LEFT GRAPEVINE ¼ TURNING LEFT, SCUFF

9-10      Step right to right side, cross left behind right  
11-12      Step right to right side, touch left beside right  
13-14      Step left to left side, cross right behind left  
15-16      Step left to left side ¼ turning left, scuff right beside left

## DIAGONAL TOE TOUCHES FORWARD & BACK

17-18      Step right diagonally forward right, touch left beside right  
19-20      Step left diagonally back left (returning to center), touch right beside left  
21-22      Step right diagonally back right, touch left beside right  
23-24      Step left diagonally forward left (returning to center), scuff right beside left

## SHUFFLE FORWARD, STEP ½ TURN PIVOT (TWICE)

25&26      Step right foot forward, close left beside right, step right foot forward  
27-28      Step forward left, pivot ½ turn right (shifting weight on to right foot)  
29&30      Step left foot forward, close right beside left, step left foot forward  
31-32      Step forward right, pivot ½ turn left (shifting weight on to left foot)

**REPEAT**

---