Single Moment



拍数: 0 墙数: 2 级数: Intermediate

编舞者: Zoe Dixon

音乐: Couldn't Last a Moment - Collin Raye



Sequence: AB, AB, AB, AB, AB

SECTION A

RIGHT GRAPEVINE, LEFT GRAPEVINE WITH A 1/4 TURN LEFT

1 Step right to right side 2 Cross left behind right 3 Step right to right side 4 Touch left next to right 5 Step left to left side 6 Cross right behind left 7 Step left a 1/4 turn left 8 Step right next to left

WALK FORWARD, KICK, WALK BACK WITH A 1/4 TURN LEFT

1-2-3 Walk forward right, left, right

4 Kick left

5-6 Walk back left right

7-8 Step left a ¼ turn left and touch right next to it

TOUCHES-RIGHT, LEFT, RIGHT TWICE

1-2	Touch right to right side, and then bring together
3-4	Touch left to left side, and then bring together
5-6	Touch right to right side, and then bring together $% \left(1\right) =\left(1\right) \left(1\right) \left($

7-8 Repeat counts 5-6

SLIDES

1-2-3-4 Step right a big step to the right side and slowly bring left next to it in 3 counts

5-6-7-8 Repeats counts 1-4 but leading on the left

ROCK AND ½ TRIPLE TURN, ROCK AND ¾ TRIPLE TURN

1-2 Rock forward on right and replace weight on left

3&4 ½ turn right stepping right, left, right

5-6 Rock forward on left and replace weight on right

7&8 ³/₄ turn left stepping left, right, left

SECTION B

SLIDE RIGHT, ROLLING GRAPEVINE (OR JUST VINE) LEFT

1-2-3-4 Step right a big step to the right and slowly bring left next to it in 3 counts 5-6-7-8 Start on you left foot and a rolling vine and finish touching right next to left

2 ROCKS AND 2 COASTER STEPS

1-2 Rock on right and replace weight on left

3&4 Step right back, step left next to it and bring right forward 5-6-7&8 Repeat the last four counts but leading on your left

A 1/4 TURN LEFT, WITH A RIGHT CROSS, LEFT TO SIDE, 1/2 TURN RIGHT, LEFT ROCK, LEFT CHASSE

1-2 Step right forward, then turn 1/4 to the left

3	Cross right over left
&4 5-6	Step left to left side and then bring right foot round so it makes a ½ turn right Rock left in front of right and replace weight on right
7&8	Step left to left side, bring right next to it and step left to left side
RIGHT ROCK, 1/4 TURN SAILOR STEP, WALK FORWARD WITH A LEFT SHUFFLE	
1-2	Rock right in front of left and replace weight on left

Rock right in front of left and replace weight on left

3&4 Sweep right around a ¼ turn right, step left next to it and step right forward

5-6 Walk forward left, right

7&8 Step left forward, step right next to it and then step left forward

2 COASTER STEPS

1-2 Rock forward on right an d replace weight on left

3&4 Step right back, step left next to right and step right forward

5-6-7&8 Repeat last four counts but leading on your left

SIDE BUMPS

1 Step right to right side 2 Bump to the right 3 Bump to the left

4 Touch left next to right

5-6-7-8 Repeat the last four counts but leading on left