

# Single

拍数: 32      墙数: 2      级数: Intermediate  
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音乐: Single - Natasha Bedingfield



## KICK STEP POINT, KICK ¼ POINT, RIGHT MUMBO FORWARD, LEFT MUMBO BACK

1&2      Kick right forward, replace weight right, toe point the left  
3&4      Kick left forward, replace weight left making ¼ left, toe point to right  
5&6      Rock forward on right, rock back on left, step right next to left  
7&8      Rock back on left, rock forward onto right, close step left next to right

## STEP RIGHT HIP BUMPS (TWICE), RIGHT MUMBO FORWARD, LEFT SAILOR ¼ LEFT

1&2      Step right bump hips right, left, right - step left next to right on last bump  
3&4      Repeat above  
5&6      Rock forward on right, rock back on left, step right next to left  
7&8      Cross left behind right, step right making ¼ left, step forward on left

## WALK RIGHT LEFT, RIGHT MUMBO FORWARD, LEFT COASTER TOUCH, LEFT COASTER STEP

1-2      Walk forward right, left  
**Style - as you walk forward take right fist above head and wave to right then left**  
3&4      Rock forward on right, rock back on left, step right next to left  
5&6      Step back on left, step right beside left, toe touch left forward (no weight)  
**Style - as you toe touch the left, lean back slightly**  
7&8      Step back on left, step right beside left, step left forward (take weight this time)

## PADDLE ¼ LEFT, ¼ LEFT, RIGHT CROSS & HEEL, LEFT CROSS & HEEL, CROSS RIGHT ½ UNWIND

1-2      Hitch the right and paddle ¼ left point right toe, repeat again to make ½ over left shoulder  
3&4&      Cross right over left, step left to left side, heel dig the right, step right (right cross & heel)  
5&6&      Cross left over right, step right to right side, heel dig the left, step left (left cross & heel)  
**Style - for more style make your cross and heels travel forward**  
7-8      Cross right over left, ½ unwind over left shoulder

**REPEAT**

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