

Sin Wagon

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Lou Ecken (USA)
音乐: Sin Wagon - The Chicks



WALK FORWARD RIGHT, LEFT, SAILOR STEP, SAILOR STEP, OUT-IN-OUT

1-2 Step forward right, step forward left
3&4 Step right behind left, step left in place, replace right next to left
5&6 Step left behind right, step right in place, replace left next to right
7&8 Jump out on both feet, jump both feet together, jump out on both feet

TOUCH RIGHT BEHIND, ½ PIVOT RIGHT, SAILOR STEP, SAILOR STEP, HEEL BOUNCES

1-2 Touch right toe behind left foot, pivot ½ to the right
3&4 Step right behind left, step left in place, replace right next to left
5&6 Step left behind right, step right in place, replace left next to right
7-8 With feet together, lift heels twice

¼ TURN SHUFFLE LEFT, STEP PIVOT ON RIGHT, STEP BACK LEFT, COASTER STEP, SCUFF, REPLACE

1&2 Turning ¼ to the left, shuffle left-right-left
3-4 Step forward on right pivoting ½ turn to the left, taking weight on left
5&6 Step back on right, step left next to right, step forward on right
7-8 Scuff left and replace weight on left

SHUFFLE RIGHT, SHUFFLE LEFT, SKATE RIGHT, SKATE LEFT, SCUFF, TOUCH

1&2 Shuffle right-left-right to forward angle
3&4 Shuffle left-right-left to forward angle
5-6 Slide right at angle with instep forward, slide left at angle with instep forward
7-8 Scuff right, touch right in place (without taking weight)

KICK AND CROSS & KICK AND CROSS & KICK AND CROSS & CROSS SHUFFLE LEFT

1&2& Kick right forward, cross right over left, step left back slightly, step right next to left
3&4& Kick left forward, cross left over right, step right back slightly, step left next to right
5&6& Kick right forward, cross right over left, step left back slightly, step right next to left
7&8 Cross left over right to shuffle left-right-left to the right forward angle

SWEEP RIGHT CROSS-STEP, SWEEP LEFT CROSS-STEP, SWEEP RIGHT CROSS-STEP, SHUFFLE BACK

1-2 Sweep right around, step across left
3-4 Sweep left around, step across right
5-6 Sweep right around, step across left
7&8 Shuffle back left-right-left

COASTER STEP, STEP LEFT, ½ PIVOT TO RIGHT, SCUFF STEP, DOWN & UP

1&2 Step back on right, replace weight on left, step right beside left
3-4 Step forward on left, pivot ½ to right, taking weight on right
5-6 Scuff left, step left slightly ahead of right
7&8 "Sit" down, stand up (weight on right)

SHUFFLE LEFT, STEP FORWARD RIGHT, ½ PIVOT LEFT, BOX STEP

1&2 Shuffle forward left-right-left
3-4 Step forward right, ½ pivot to the left

5-6 Step right over left, step back on left
7-8 Step right to right (under right shoulder), step left in place

REPEAT

When dancing to "Sin Wagon", the following breaks will help the dance fit the music:

BREAK 1 - AFTER THE SECOND SKATES

SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-2 "Sit" down, stand up
3-6 "Sit" down, hold 2 counts, stand up on 6 (take weight on left)
7-10 Mashed potato back right-left-right-left
11-14 Cross right over left, slow unwind ending with weight on left

Begin from the shuffle forward right, shuffle left, skate, skate and continue

BREAK 2 - AFTER THE THIRD SKATES

SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-6 "Sit" down, up, down, hold 2, up (take weight on left)

Begin with the back kick-and-crosses and continue with the dance as written

To "sit" - with feet staggered, lower body by bending both knees while keeping chest forward, shoulders and buttocks back.
