

编舞者: Lou Ecken (USA)

音乐: Sin Wagon - The Chicks



WALK FORWARD RIGHT, LEFT, SAILOR STEP, SAILOR STEP, OUT-IN-OUT

1-2	Step forward right,	step forward left

3&4	Step right behind left, step left in place, replace right next to left
5&6	Step left behind right, step right in place, replace left next to right
7&8	Jump out on both feet, jump both feet together, jump out on both feet

TOUCH RIGHT BEHIND, ½ PIVOT RIGHT, SAILOR STEP, SAILOR STEP, HEEL BOUNCES

1-2	Touch right toe behind left foot, pivot ½ to the right

3&4 Step right behind left, step left in place, replace right next to left 5&6 Step left behind right, step right in place, replace left next to right

7-8 With feet together, lift heels twice

1/4 TURN SHUFFLE LEFT, STEP PIVOT ON RIGHT, STEP BACK LEFT, COASTER STEP, SCUFF, REPLACE

1&2	Turning ¼ to the left, shuffle left-right-left
142	running /4 to the left, shund left-right-left

3-4 Step forward on right pivoting ½ turn to the left, taking weight on left 5&6 Step back on right, step left next to right, step forward on right

7-8 Scuff left and replace weight on left

SHUFFLE RIGHT, SHUFFLE LEFT, SKATE RIGHT, SKATE LEFT, SCUFF, TOUCH

1&2	Shuffle right-left-right to forward angle
3&4	Shuffle left-right-left to forward angle

5-6 Slide right at angle with instep forward, slide left at angle with instep forward

7-8 Scuff right, touch right in place (without taking weight)

KICK AND CROSS & KICK AND CROSS & KICK AND CROSS & CROSS SHUFFLE LEFT

1&2&	Kick right forward, cross right over left, step left back slightly, step right next to left
3&4&	Kick left forward, cross left over right, step right back slightly, step left next to right
5&6&	Kick right forward, cross right over left, step left back slightly, step right next to left

7&8 Cross left over right to shuffle left-right-left to the right forward angle

SWEEP RIGHT CROSS-STEP, SWEEP LEFT CROSS-STEP, SWEEP RIGHT CROSS-STEP, SHUFFLE BACK

1-2	Sweep right around, step across left
3-4	Sweep left around, step across right
5-6	Sweep right around, step across left

7&8 Shuffle back left-right-left

COASTER STEP, STEP LEFT, 1/2 PIVOT TO RIGHT, SCUFF STEP, DOWN & UP

1&2	Step back on right, replace weight on left, step right beside left
3-4	Step forward on left, pivot ½ to right, taking weight on right

5-6 Scuff left, step left slightly ahead of right 7&8 "Sit" down, stand up (weight on right)

SHUFFLE LEFT, STEP FORWARD RIGHT, ½ PIVOT LEFT, BOX STEP

1&2	Shuffle forward left-right-left
IQZ	Shulle lorward left-fidht-left

3-4 Step forward right, ½ pivot to the left

5-6 Step right over left, step back on left

7-8 Step right to right (under right shoulder), step left in place

REPEAT

When dancing to "Sin Wagon", the following breaks will help the dance fit the music: BREAK 1 - AFTER THE SECOND SKATES

SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-2 "Sit" down, stand up

"Sit" down, hold 2 counts, stand up on 6(take weight on left)

7-10 Mashed potato back right-left-right-left

11-14 Cross right over left, slow unwind ending with weight on left Begin from the shuffle forward right, shuffle left, skate, skate and continue

BREAK 2 - AFTER THE THIRD SKATES SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-6 "Sit" down, up, down, hold 2, up (take weight on left)

Begin with the back kick-and-crosses and continue with the dance as written

To "sit" - with feet staggered, lower body by bending both knees while keeping chest forward, shoulders and buttocks back.