

# Simply Syncopated

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Violet Ray (USA)  
音乐: Un Momento Alla - Rick Trevino



## **SIDE MAMBOS (RIGHT & LEFT), FORWARD & BACK MAMBOS**

1&2      Step right foot out to right side, rock back (recover) on left foot, step right foot next to left foot  
3&4      Step left foot out to left side, rock back (recover) on right foot, step left foot next to right foot  
5&6      Step right foot forward, rock back (recover) on left foot, step right foot next to left foot  
7&8      Step left foot back, rock forward (recover) on right foot, step left foot next to right foot

## **SHUFFLE FORWARD, ½ RIGHT TURN, SHUFFLE FORWARD, ¼ LEFT TURN**

1&2      Step right foot forward, step left foot next to right foot, step right foot forward  
3-4      Step left foot forward, turn ½ right stepping on right foot  
5&6      Step left foot forward, step right foot next to left foot, step left foot forward  
7-8      Step right foot forward, turn ¼ left stepping on left foot

## **FORWARD ROCK & RECOVER, COASTER STEP, SIDE ROCK & RECOVER, SAILOR SHUFFLE**

1-2      Step right foot forward, rock back (recover) on left foot  
3&4      Step right foot back, step left foot next to right foot, step right foot forward  
5-6      Step left foot out to left side, rock back (recover) on right foot  
7&8      Step left foot cross behind right foot, step ball of right foot out to right side, step left foot out to left side

## **FORWARD ROCK & RECOVER, COASTER STEP, SIDE ROCK & RECOVER, SAILOR SHUFFLE**

1-2      Step right foot forward, rock back (recover) on left foot  
3&4      Step right foot back, step left foot next to right foot, step right foot forward  
5-6      Step left foot out to left side, rock back (recover) on right foot  
7&8      Step left foot cross behind right foot, step ball of right foot out to right side, step left foot out to left side

**REPEAT**

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