

Simply Pure

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Keith Cross (UK)
音乐: Pure And Simple - Hear'Say



TAP & HEEL, & KICK & HEEL, ROCK FORWARD, BACK, & RIGHT & LEFT SWITCH STEPS

1&2 Tap right toe in place, step right foot in place, touch left heel forward
&3&4 Step left to place, kick right foot forward, step right to place, step left heel forward (weight on)
5-6 Rock weight back onto right foot, rock forward onto left foot
7&8& Touch right heel forward, step right back to place, touch left heel forward, bring left back to place

CROSS STRUT, BACK STRUT, RIGHT KICK BALL CROSS, CROSS STRUT, BACK STRUT, RIGHT KICK BALL CROSS

1&2& Cross right toe over left, drop right heel to floor, step back on left toe, drop left heel to floor
3&4 Kick right foot forward, step right back to place, cross step left foot over right foot
5&6& Cross right toe over left, drop right heel to floor, step back on left toe, drop left heel to floor
7&8 Kick right foot forward, step right back to place, cross step left foot over right foot

ROCK ½ TURN STEP, STEP LOCK STEP, ROCK ½ TURN STEP, LEFT SIDE, BEHIND, ¼ TURN LEFT

1&2 Rock forward on right, recovering weight on ball of left turn ½ turn right, step forward on right
3&4 Step left foot forward, lock right behind left, step left foot forward
5&6 Rock forward on right, recovering weight on ball of left turn ½ turn right, step forward on right
7&8 Step left to left side, cross step right behind left (&), step left to left side turning ¼ to left

ROCK ½ TURN STEP, HIP BUMPS, ROCK ½ TURN STEP, FULL TURN RIGHT, STOMP

1&2 Step forward on right, recovering weight on ball of left turn ½ turn right, step forward on right
3&4 Stepping forward slightly on left bump hips left, right, left
5&6 Step forward on right, recovering weight on ball of left turn ½ turn right, step forward on right
7&8 Make a full turn to right stepping on left, right, stomp left beside right

Alternative to full turn - step forward on left, right, stomp left

REPEAT
