Simplicity Cha



拍数: 32 墙数: 1 级数: Beginner social cha

编舞者: Tony Wilson (USA) & Lana Harvey Wilson (USA)

音乐: Simplicity - Cliff Richard



CROSS ROCK, RECOVER, CHA-CHA TWICE

1-2 Cross rock left over right, recover on right

3&4 Cha-cha left-right-left in place

5-6 Cross rock right over left, recover on right

7&8 Cha-cha right-left-right in place

TOUCH, 1/4 SWEEP, CHA-CHA TWICE

9 Touch left toe forward

Sweep left toe on ground forward and around to left turning ¼ left (9:00)

11&12 Cha-cha left-right-left in place

Touch right toe forward

Sweep right toe on ground forward and around turning ¼ right (12:00)

15&16 Cha-cha right-left-right in place

1/2 PIVOT, CHA CHA, BACK ROCK, RECOVER, CHA CHA

17-18 Step left forward, pivot ½ right weight ending on right (6:00)

19&20 Cha-cha left-right-left in place

21 Rock back on right angling body to right still looking at 6:00

22 Recover on left straightening up 23&24 Cha-cha right-left-right in place

BACK ROCK, RECOVER, CHA-CHA, 1/2 PIVOT, CHA-CHA

25 Rock back on left angling body to left still looking at 6:00

26 Recover on right straightening up 27&28 Cha-cha left-right-left in place

29-30 Step forward on right, pivot ½ left weight ending on left (12:00)

31&32 Cha-cha right-left-right in place

REPEAT

ENDING

Song ends on count 17 of the dance. Just step forward on 17 and hold

For Cliff Richard, by starting 4 counts before he sings, the first pattern will be out of phrase but after that the start of the dance will hit a good downbeat

Josh Turner song is 4 counts short of 32 a few times during the song Just dance through it