

# Simple Man

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sam Armstrong (UK) & Ruth Armstrong (UK)  
音乐: I Am a Simple Man - Ricky Van Shelton



## TOE, HEEL, CROSS ROCK (TWICE)

1-2            Right toe to left instep, right heel to left instep  
3&4            Cross rock right over left, recover weight on left, replace right next to left  
5-6            Left toe to right instep, left heel to right instep  
7&8            Cross rock left over right, recover weight on right, replace left next to right

## SIDE ROCK, ½ TURNING SHUFFLE, SIDE ROCK, CROSS SHUFFLE

9-10           Step right to right side, recover weight on left  
11&12          Triple step right, left, right (making ½ turn to left)  
13-14          Rock left to left side, recover weight on right  
15&16          Cross left over right, right to right side, cross left over right

## STOMP, HOLD, LEFT SAILOR STEP (TWICE)

17-18          Stomp right to right side, sway both arms to right, hold  
19&20          Left behind right, right to right side, left step in place  
21-22          Stomp right to right side, sway both arms to right, hold  
23&24          Left behind right, right to right side, left step in place

**Steps 17-24 should travel slightly to right**

## UNWIND ¾ TURN RIGHT, HIP BUMPS, 2 PIVOT TURNS

25-26          Step right behind left, unwind ¾ turn right  
27&28          Bump hips left, right, left  
29-30          Step forward right, ½ pivot turn left  
31-32          Step forward right, ½ pivot turn left

**REPEAT**

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