

Silverado

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Julie Molkner (AUS)
音乐: Down At the Twist and Shout - Mary Chapin Carpenter



RIGHT 45, LEFT 45, DOUBLE EXTENDED HEEL SPLITS

- 1-4 Tap right heel at 45 degrees right, step right together, tap left at 45 degrees left, step left together
5-8 Split heels apart, split toes apart, bring toes together, heels together

RIGHT 45, LEFT 45, TWIST RIGHT, LEFT, RIGHT, CENTER

- 1-4 Tap right heel at 45 degrees right, step right together, tap left heel at 45 degrees left, step left together
5-8 Twist both heels right-left-right, center

VINE LEFT, TWO KNEE SLAPS

- 1-4 Step left to left side, cross right behind left, step left to left side, tap right beside left
5-6 Tap right heel forward at 45 degrees right, raise right knee & slap with right hand
7-8 Repeat last 2 beats

VINE RIGHT, TWO KNEE SLAPS

- 1-4 Step right to right side, cross left behind right, step right to right side, tap left beside right
5-6 Tap left heel forward at 45 degrees left, raise left knee & slap with left hand
7-8 Repeat last 2 beats

ROCK FORWARD, BACKWARD HITCH, ROCK BACK, HITCH, VINE FORWARD, STOMP

- 1-4 Rock forward on left, raise right foot behind left leg, rock back on right, hitch left knee
5-8 Step forward on left, lock right behind left, step forward on left, stomp right beside left

RIGHT LEG SWINGS (HEEL, HOOK, HEEL, OUT, HEEL, HOOK, HEEL TOGETHER)

- 1-2 Tap right heel forward at 45 degrees right, hook right foot under left knee
3-4 Tap right heel forward at 45 degrees right, swing right foot up & out to side pointing toes down
5-6 Tap right heel forward at 45 degrees right, hook right foot under left knee
7-8 Tap right heel forward at 45 degrees right, step right beside left

LEFT LEG SWINGS (END WITH TAP/TOUCH)

- 1-2 Tap left heel forward at 45 degrees left, hook left foot under right knee
3-4 Tap left heel forward at 45 degrees left, swing left foot up & out to side pointing toes down
5-6 Tap left heel forward at 45 degrees left, hook left foot under right knee
7-8 Tap left heel forward at 45 degrees left, touch left toes beside right

VINE LEFT, HITCH, STEP ½ PIVOT LEFT, STOMP/TAP, CLAP

- 1-4 Step left to left side, cross right behind left, step left to left side, hitch right knee
5-8 Step forward on right, pivot ½ turn left placing weight on left, stomp right together, clap

REPEAT