

Silver Wings

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Jerry Cope (USA)
音乐: Look at Us - Vince Gill



This dance can be used for a wide range of music speeds by minimizing or emphasizing such components as length of moves and steps, extra body moves, etc. It is comfortable with a ballad of 70-120 BPM, or to fast tunes at 160-240 BPM, counted in "cut time". Slow moving or "frisky" works just fine

CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP LEFT, COASTER, RIGHT PIVOTS

1-2 Cross right foot over left and step, hold and clap hands
&3 Step to the left on left foot, step back on right foot
&4 Step left foot next to right, step forward on right foot
5-6 Step forward on left foot, pivot ½ turn right on ball of left foot and shift weight to right foot
7-8 Repeat 5-6

CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP RIGHT, COASTER, LEFT PIVOTS

9-10 Cross left foot over right and step, hold and clap hands
&11 Step to the right on right foot, step back on left foot
&12 Step right foot next to left, step forward on left foot
13-14 Pivot ½ turn left on ball of right foot and shift weight to left foot
15-16 Repeat 13-14

RIGHT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS LEFT

17 Step to the right on right foot and begin a full right rolling turn traveling to the right
18 Step on left foot and continue full rolling turn
19 Step on right foot and complete full rolling turn
20-21 Cross left foot over right and step with a long step on left foot, rock back onto right foot
22& Step to the left on left foot, brush right foot forward
23& Cross right foot over left foot and step, step to the left on left foot
24 Cross right foot over left and step

LEFT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS RIGHT

25 Step to the left on left foot and begin a full left rolling turn traveling to the left
26 Step on right foot and continue full rolling turn
27 Step on left foot and complete full rolling turn
28-29 Cross right foot over left and step with a long step on right foot, rock back onto left foot
30& Step to the right on right foot, brush left foot forward
31& Cross left foot over right foot and step, step to the right on right foot
32 Cross left foot over right and step

CORKSCREWS, SIDE SHUFFLES

& Sweep right foot around from behind left and cross right foot over left
33-34 Corkscrew one full left turn on these two beats (end with weight on left foot)
35&36 Shuffle sideways to the right (right, left, right)
& Cross left foot over right
37-38 Corkscrew one full right turn on these two beats (weight ends on right foot)
39&40 Shuffle sideways to the left (left, right, left)

SYNCOPATED STEP-SLIDES FORWARD, ROCK STEPS, STEP BACK, CROSS, UNWIND

41 Step forward and diagonally to the right on right foot
& Slide left foot up to and behind right heel

42 Step forward and diagonally to the right on right foot

& Slide left foot up to and behind right heel

43 Step forward and diagonally to the right on right foot

Beats 41-43 are done with an undulation, rhythmic, gliding motion

44 Cross left foot over right and step forward and diagonally to the right on left foot

45-46 Rock back onto right foot, step left foot back slightly behind right

47-48 Cross right foot over left, unwind $\frac{1}{2}$ turn left (weight on left foot)

REPEAT
