# Silver Wings



拍数: 48 编数: 2 级数: Intermediate

编舞者: Jerry Cope (USA) 音乐: Look at Us - Vince Gill



This dance can be used for a wide range of music speeds by minimizing or emphasizing such components as length of moves and steps, extra body moves, etc. It is comfortable with a ballad of 70-120 BPM, or to fast tunes at 160-240 BPM, counted in "cut time". Slow moving or "frisky" works just fine

# CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP LEFT, COASTER, RIGHT PIVOTS

1-2	Cross right foot over left and step, hold and clap hands
&3	Step to the left on left foot, step back on right foot
&4	Step left foot next to right, step forward on right foot

5-6 Step forward on left foot, pivot ½ turn right on ball of left foot and shift weight to right foot

7-8 Repeat 5-6

## CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP RIGHT, COASTER, LEFT PIVOTS

9-10	Cross left foot over right and step, hold and clap hands
&11	Step to the right on right foot, step back on left foot
&12	Step right foot next to left, step forward on left foot

13-14 Pivot ½ turn left on ball of right foot and shift weight to left foot

15-16 Repeat 13-14

#### RIGHT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS LEFT

17	Step to the right on right foot and begin a full right rolling turn traveling to the right
18	Step on left foot and continue full rolling turn
19	Step on right foot and complete full rolling turn
20-21	Cross left foot over right and step with a long step on left foot, rock back onto right foot
22&	Step to the left on left foot, brush right foot forward
23&	Cross right foot over left foot and step, step to the left on left foot
24	Cross right foot over left and step

# LEFT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS RIGHT

LEFT KOLLING	TURN, CROSS ROCK STEPS, STINCOPATED CROSSING STEPS RIGHT
25	Step to the left on left foot and begin a full left rolling turn traveling to the left
26	Step on right foot and continue full rolling turn
27	Step on left foot and complete full rolling turn
28-29	Cross right foot over left and step with a long step on right foot, rock back onto left foot
30&	Step to the right on right foot, brush left foot forward
31&	Cross left foot over right foot and step, step to the right on right foot
32	Cross left foot over right and step

## **CORKSCREWS, SIDE SHUFFLES**

&	Sweep right foot around from behind left and cross right foot over left
33-34	Corkscrew one full left turn on these two beats (end with weight on left foot)
35&36	Shuffle sideways to the right (right, left, right)
&	Cross left foot over right
37-38	Corkscrew one full right turn on these two beats (weight ends on right foot)
39&40	Shuffle sideways tot he left (left, right, left)

#### SYNCOPATED STEP-SLIDES FORWARD, ROCK STEPS, STEP BACK, CROSS, UNWIND

41 Step forward and diagonally to the right on right foot

& Slide left foot up to and behind right heel

42 Step forward and diagonally to the right on right foot

& Slide left foot up to and behind right heel

Step forward and diagonally to the right on right foot Beats 41-43 are done with an undulation, rhythmic, gliding motion

44 Cross left foot over right and step forward and diagonally tot he right on left foot

45-46 Rock back onto right foot, step left foot back slightly behind right 47-48 Cross right foot over left, unwind ½ turn left (weight on left foot)

## **REPEAT**