

Silver Shadow

拍数: 50 墙数: 0 级数:
编舞者: Sandy Tombs & Tony Tombs
音乐: Silver Shadow - Plain Loco



Position: Sweetheart facing RLOD. Both on same foot
Sandy and Tony are also known as Sanantone

1-2 Step forward on right, rock forward onto left
3-4 Rock back onto right, step back on left
5-6 Rock back onto right, rock forward onto left
7-8 Step forward on right, pivot ½ turn left

9-10 Step forward on right, touch left to left side
11-12 Step forward on left, touch right to right side
13-14 Step forward on right, touch left to left side
15-16 Step forward on left, drop arms, and pivot ¼ turn right

Weight on right, facing outside LOD hands on waist or buckles

SHADOW SECTION

Hands remain at waist level or on buckles during shadow section steps 17-48

17-18 Rock forward onto left, rock back onto right
19&20 Left cha-cha in place
21-22 Rock back onto right foot, rock forward onto left foot
23&24 Right cha cha in place

25 Rock forward onto left, making a ¼ turn right to face RLOD
26 Rock back onto right
27&28 Do a left cha-cha making ½ turn left to face LOD
29-30 Step forward on right, pivot ½ turn left, RLOD

31&32 Right cha-cha forward still RLOD
33-34 Step forward on left, pivot ½ turn right
35&36 Left cha-cha forward LOD

37-38 Step on right, left
39&40 Right cha-cha making a full turn to the left, moving forward

41-42 Step on left, right
43&44 Left cha-cha, making a full turn to the right, moving forward

45-46 Right toes cross over left (touch), touch right toes to right
47-48 Right foot cross over left, pivot ½ turn left to face RLOD
49-50 Touch right toes to right (arms up back into sweetheart position), touch right beside left

REPEAT