

# Silver Cowboy

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lorraine Susan Taylor (UK)  
音乐: Silver Cowboy - Marie Haslemore



## BASIC RUMBA - TWIST TURN

- 1-2      Cross rock right foot over left foot, rock back onto left foot
- 3-4      Step right foot to right, hold
- 5-6      Cross left foot over right foot, twist  $\frac{3}{4}$  turn to right (end with weight on right foot)
- 7-8      Step left foot forward, hold

## SIDE ROCK CROSS - ROCK TURN

- 1-2      Step right foot to right, rock weight onto left foot
- 3-4      Cross right foot over left foot, hold
- 5-6      Step left foot to bumping hips to left, starting to turn  $\frac{1}{4}$  to right rock forward onto right foot, bumping hips to right
- 7-8      Rock back onto left foot bumping hips to left and completing  $\frac{1}{4}$  turn to right, hold

**Styling for counts 5-8: as you step onto left foot bend into left knee and pull left shoulder slightly back, bringing right arm forward and across body, as you rock onto right & left allow right arm to move naturally out to right side**

## BACK ROCK - $\frac{1}{2}$ TURN - SLIDE - SYNCOPATED TOE TAPS

- 1-2      Step right foot back, rock forward onto left foot
- 3-4      Step forward on ball of right foot, pivot  $\frac{1}{2}$  turn to left (weight ends back onto right foot) tap left toe forward
- 5-6      Slide left foot a long step to left over two counts
- &7-8      Tap right toe to left foot, tap right toe to right, tap right toe to left foot

## STEP SLIDE HIP BUMPS - $\frac{1}{4}$ TURN RIGHT SIDE ROCK

- 1-2      Step right foot diagonally forward to right, slide left foot towards right foot
- 3-4      Close left foot to right foot bumping hips to left, rock weight onto right foot bumping hips to right
- 5-6      Step left foot diagonally back to left, hold for one beat
- 7-8      Turning  $\frac{1}{4}$  to right step right foot to right, rock weight onto left foot

## REPEAT